# 高中英语演讲稿优秀范文(合集6篇)

来源：网络 作者：夜色微凉 更新时间：2024-04-23

*高中英语演讲稿优秀范文1We are not going to evade that responsibility. We are going to let people down. And people, far and near, wi...*

**高中英语演讲稿优秀范文1**

We are not going to evade that responsibility. We are going to let people down. And people, far and near, will hear of us. Frost will be brought to their backbones and tears to their eyes when our stories are told and retold, So let us go forth, my fellow members of this luckily chosen generation, and meet the new century in victory and glory.

Knowing the Consequences of Choice

Over the past Spring Festival, I got involved in a family dispute. Right before I got home, four satellite channels of CCTV were added to the 14 channels we had already had. In prime time at night, they all had interesting shows. Therefore, the five of us-my parents, my sisters and I-had to argue over what to watch. Finally, we agreed that we should watch the ^v^most interesting^v^ programme... If we

could agree what that was.

However, all of us there remember that for a long time after we had TV, there were only one or two channels available. The increase in options reveals an important change in our life: the abundance of choice.

Fifteen years ago we all dressed in one style and in one colour. Today, we select from a wide variety of designs and shades.

**高中英语演讲稿优秀范文2**

good evening , ladies and gentlemen . i am joy and glad to give you a speech about stress , yes , just the topic you see on the screen.

psychologist tell us that stress is a state of worry caused by the problem of living , such as too much work or study , heavy responsibilities , and quickened pace of life .

statistics show that stress comes from every detail in our life . financial problems , poor health , being laid off may be the stress that most adults now suffering . as students in the university , we are also under our special stress . while study , having to take various tests and submit a project against a deadline may put a great pressure on us . and the things make us felt stressed may be our parents’s greater expectations on us than we could reach . later , when we are likely to graduate , some other problems will also annoy us . i think we will worry a lot about our ability to compete in the job market and how we can best use what we’ve learned at college in our future job .

the chief problem we should face to is our atitude towards stress .people usually say they can not live in the sun except they escape from stress . it’s unwelcome ! yes , however , very necessary . just image a world where stress does not exist and people lead their life in a very comfortable way . but is this kind of living condition as perfect as we hope ? without stress , they may feel very satisfied with the current life but lack of power to discover new things . too much result in nothing except a countermarch of the society . no stress , no development . so a certain amount of stress is good . it can stimulate us and increase our level of alertness .

and our answer to stress is another vital problem . how to do with ourselves when stress suddenly break into our life ? to wave the white flag and admit our unability , to give up to our ideality , or worstly , just to suicide as to put an end to everything … of cause not . the principle is to tackle with stress gentlely and harmoniously. we should try our best to release ourselves . such as to do some exercise , to linsen to traditional chinese music or classical music to ease our minds and to learn to view these changes of life as challenges .it’s no use crying over spilt milk . only to accept what has happened can solve the problem .

ok , i think i was under large stress 3 minutes before , but now i am here and have finished my speech . here is the last thing i want to add to my topic ,face to it and overcome it ,stress is also a piece of cake

**高中英语演讲稿优秀范文3**

dream flying our ordinary life is a dream, from the very moment of landing,we are a dream to come! Similarly, we left this world at the time, it will alsobe left with their own dreams.

Call in the dream, we gradually GREw up thinking of gradually mature, andhave learned more and more, understand more and more. Our dream is also more andmore content, more and more rich.

One can not forget that book title mountain crossing the sea during the dayand night; not forget that the coexistence of a bitter years of joy; not forgetthat a bit more earnest remainding respectable mentor taught ... ...

The face of the past, we open their minds and hearts of the door, bathed insunlight to accept and listen to exhort the time, we dream of flying.

Is to achieve the dream of the cornerstones of long-term vision; the dreamis the beginning of the power savings; dream world is a necessary condition forrational; dream Qijia country is the Pmise of the world is flat. To this end,the respect of ethics, education can be clearly responsible for, love. We willbe ready at all times ... ...

Singing rooster dawn broke through the silence, awakened the dream ofyouth, the old lamp that lit the lamp immortal, with the aid of a weak good careof the light heavy luggage, embark on a new journey began. Eastern rising sun,leaving a string attached to their native land is the footprints of the feelingsand give up. Goodbye dear land, we have our dreams, we all need to face new.

The rudder has been the fate into their own hands, taking their ownroute.

To do the masters of time, for every seconds, when the ship set sail hard,you are ready? Show your style and create brilliant tomorrow. said that the skydid not leave traces of the birds, but I have been an eagle, it isnecessary to fly across the sky, is a tree, it is necessary to cast a time, thecourage to go flying, the courage to go into, you dream of flying, I believe youwill be more brilliant tomorrow, tomorrow you will be more exciting.

Cherish the Psent, should grasp the opportunity.

Friends, the dream of flying now, let us gather in the glory of thatday.

**高中英语演讲稿优秀范文4**

一、邀请信

〖好句背诵〗

1. I m now writing on behalf of the classmates to invite you to come and attend it, if you can spare the time.

我代表同学写信邀请您来参加，如果您能抽出时间的话。

2. I sincerely invite you to watch the show because…

我诚挚地邀请您来看演出，因为…...

3. You can reach me through my phone number 4476655 at your convenience.

您可以在您方便的时候打我的电话，号码是 44876655。

〖满分佳作赏析〗假定你是李华。你班同学决定为小明举办生日聚会。请你写信邀请外教Susan参加，要点包括：1. 时间：周五晚 8 点至 9 点2. 地点：学生俱乐部3. 内容：唱生日歌、吃蛋糕、玩游戏等4. 要求：备小礼物

Hi, Susan,

We re throwing a surprise party for Xiaoming’s birthday.

As scheduled, all the classmates in our class will gather at the Students Centre at 8 pm this Friday evening to celebrate Xiaoming s birthday. We would feel much honored if you could come and enjoy it, which is to finish at 9, lasting an hour.

As the party starts, we will light the candles and sing ^v^Happy Birthday^v^ for him. Then the birthday cake will be presented and cut for all of us to enjoy, following which we ll sing songs and play some small games. What s more, as a surprise, we ll all prepare some secret birthday gifts for him, and it ll be great to see how surprised he will be seeing the gifts. As it s a surprise party, he will know nothing about it beforehand, and we do hope that you could manage to attend it.

Looking forward to your coming.

YoursLi Hua

二、留言/请假条

〖好句背诵〗

1. Since you were out, I have to leave this note to you.

既然你出去了，我只好给你张便条了。

2. I am sorry that I can t attend the party to be held this Friday at your apartment.

很抱歉我不能参加星期五在你公寓举办的派对。

3. I wonder if it is possible for the talk to be recorded.

我想是否有可能把讲座录音。

〖满分佳作赏析〗假定你是李华，正在英国接受英语培训，住在一户英国人家里。今天你的房东 不在家，你准备外出，请给Mrs. Wilson写一留言条，内容包括：1. 外出购物2. 替房东还书

Mrs. Wilson

I m going out shopping and won t be back until about 5:00 pm. I have taken with me the two books you asked me to return to the City Library. At about 1 o clock this afternoon, Tracy called, saying that she couldn t meet you at Bolton Coffee tomorrow morning as she had something important to attend to. She felt very sorry about that, but said that you could set some other time for the meeting. She wanted you to call her back as soon as you are home. She has already told Susan about this change.

三、请求/求助信

〖好句背诵〗

1. I would be very grateful if you could…

如果您能……我将感激不尽。

2. I would appreciate it if you could offer me a hand.

如您能帮助我，我将感激不尽。

3. Thanks for your kind consideration and I look forward to receiving your earliest reply.

谢谢您的关注，期待收到您尽早的回复。

4. If you need further information, do let me know.

如您需要更多的信息，请告知我。

〖满分佳作赏析〗假定你是李华。请你给笔友 Peter 写封信，告诉他你叔叔李明将去他所在城市开会，带去他想要的那幅中国画，同时询问他是否可以接机。信中还需说明：李明：高个子，戴眼镜航班号：CA985到达：8月6日上午11：30

Dear Peter,

How are you doing？I m writing to tell you that my uncle LiMing is going to have a meeting in your city. Do you remember the Chinese painting I promised you last year? My uncle will bring it to you soon. I hope you will like it.

I wonder if you could do me a favor. This is the first time that my uncle visits the US, so I hope you can meet him at the airport. He arrives at 11 ：30 on August 6th and his flight number is CA 985. I would appreciate it if you could take him to hd a blue jacket.

Looking forward to your reply.

Yours,Li Hua

四、申请/求职信

〖好句背诵〗

1. I sincerely hope that my application could be favorably considered.

我真诚地希望我的申请会被考虑。

2. The ad is really very appealing to me, so I m now writing to you in the hope of filling in the job vacancy.

这则广告非常吸引我，所以我写信给您希望能够填补这个职位的空缺。

**高中英语演讲稿优秀范文5**

I have a dream today.

I have a dream that one day every vally shall be exalted, every hill andmountain shall be made low, the rough places will be made plain, and the crookedplaces will be made straight, and the glory of the Lord shall be revealed, andall flesh shall see it together.

Wow, what a dream it has been for Martin Luther King. But the changingworld seems telling me that people gradually get their dreams lost somehow inthe process of growing up, and sometimes I personally find myself saying to those distant childhood dreams.

However, we meed dreams. They nourish our spirit; they even when we are dragged down by reality. They keep us going. Mostsuccessful people are dreamers as well as ordinary people who are not afraid tothink big and dare to be great. When we were little kids, we all dreamed ofdoing something big and splashy, something significant. Now what we need to dois to maintain them, refresh them and turn them into reality. However, thetoughest part is that we often have no ideas how to translate these dreams intoactions. Well, just start with concrete objectives and stick to it. Don’t letthe nameless fear confuse the eye and confound our strong belief of our talents, through our wits, through our endurance and through ourcreativity, we will make it.

Hold fast to dreams, for if dreams die, life is a broken-winged bird thatcannot fly. Hold fast to dreams, for when dreams go, life is a barren fieldfrozen with snow. So my dear friends, think of your old and maybe dead it is, pick it up and make it alive from today.

抓牢你的梦想

我今天有一个梦想。

我梦想有一天，幽谷上升，高山下降，崎岖之地变平原，曲折之路成坦途。圣光展露，满照人间。

这对马丁路德金是怎样的一个梦想啊。不过这个变化着的世界似乎在告诉我，在成长的过程中，人们却不知不觉把他们的梦想弄丢了，而我自己也有时会觉得在告别很多童年的梦。

然而，我们是需要梦想的。梦想滋养我们的灵魂，梦想代表着我们被现实拉垮时依然具有的希望。它鼓励我们不断前进。大多数成功人士都是梦想家，同时也是普通人，只是他们敢于梦想敢于成就伟大。当我们还是孩子的时候，我们都梦想过做一番大事业，现在应当做的就是保存好那些梦想，再度恢复它们，并将它们实现。不过最难的是我们通常不知道怎样付诸实施。那么，就从最具体的目标开始，坚持去做吧。不要让那些莫名的恐惧迷惑了我们的双眼，影响了我们对未来的信念。用我们的天资和智慧，用我们的耐力和创造力，我们一定会实现梦想。

抓牢你的梦想，因为如果梦想死亡，生活就成了一只折断翅膀的鸟再也不能飞翔。抓牢你的梦想，因为如果失去梦想，生命就成了一块覆盖着冰雪的贫瘠的冻土。亲爱的朋友们，想想那些过去的或已经死去的梦想吧。不管是什么，重新将它捡起，并从今天开始让它重生。

**高中英语演讲稿优秀范文6**

Dream is beautiful, it is the bottom of my heart the most , so the dream also become our long-held beliefs.

Dream is the sun, it makes people from impetuous to solid, from thehesitation to the firm, and on the road to success.

Dream is powerful, it is the life source of forward momentum; Lofty dreamscan inspire a life all potential. Because of this we will go to dream, to graspthe dream, the pursuit of dreams.

Our new president Xi Jinping came up with the dream of the Chinese nation\'srejuvenation on December 29, 20\_. He said: the Chinese dream is a dream ofnational strength prosperity and people\'s happiness. Our people have an ardentlove for life. They wish to have better education, more stable jobs, moreincome, greater social security , better medical and health care, improvedhousing conditions and better environment, They want their children to growwell, have ideal jobs and lead a more enjoyable life. To meet their desire for ahappy life is our mission.^v^

I always ask myself what can I do for our great Chinese dream ? As we allknow that the wiser the youths are ,the wiser the nation will be;the wealthierthe youths are ,the wealthier the nation will be;the stronger the youths are,the stronger the nation will be. Here the word wealthy means: enriching ourknowledge reserve. As a new generation of youth , every one here shouldering thegreat historical mission of making china powerful and strong. You may say thatthis may exaggerate our role, but I want to say you are wrong. If I am a littlescrew our great dream may be a multifunction and complex machine. Through thisexample I just want to say I am very tiny but I am indispensable .

I believe that as long as all of our young people unite together andperform our own functions that study hard in school and work hard after wegraduating from university . We must be able to achieve our great dreammeanwhile enrich ourselves unwittingly!

My dream, our dream, to improve the Chinese dream. Let us unite together torealize Chinese nation\'s great rejuvenation to struggle! To you the day of mydreams to realize, is standing at the time of China.

梦想是美丽的,是心底最美丽的期望,所以梦也成为我们长久以来的信仰。

梦想是太阳,它使人们从浮躁到沉稳,从犹豫到坚定,带领我们驰骋在成功的路上。

梦想是强大的,它是人生前进的动力，崇高的梦想可以激励生活的潜力。

因此我们要坚定梦想,抓住梦想,追求梦想。

20\_年12月29日，主席提出中华民族伟大复兴的中国梦。他说：中国梦就是实现国家繁荣富强和人民幸福安康。我们的人民热爱生活，期盼有更好的、更稳定的工作、更满意的收入、更可靠的社会保障、更高水平的医疗卫生服务、更舒适的居住条件、更优美的环境，期盼孩子们能成长得更好、工作得更好、生活得更好。人民对美好生活的向往，就是我们的奋斗目标。

我时常问我自己，我可以为我们伟大的中国梦做些什么?众所周知：少年智则国智，少年富则国富，少年强则国强!在这里“富裕”一词应理解为：丰富我们的知识储备。作为新一代的青年人，在座的每一位都肩负着实现中国繁荣富强的使命。你可能会说这也许夸大了我们的作用，但是我想说，你错了。如果我是一颗小小的螺丝钉，那我们的中国梦就是一个复杂而又多功能的机器。通过这个例子我想说：我个人虽然渺小，但是我也是必不可少的。

我相信只要我们每个人团结起来并且做好我们的本职工作，在学校好好学习知识，后步入社会后努力工作。我们一定能够实现我们的中国梦，在此期间我们也会不知不觉地丰富了我们自己。

我的梦想,我们的梦想,汇聚成中国梦。让我们携起手团结一致共同为实现中华民族的伟大复兴而奋斗!我们的梦想实现的那一天,将站在中国的时间。

本DOCX文档由 www.zciku.com/中词库网 生成，海量范文文档任你选，，为你的工作锦上添花,祝你一臂之力！