# 3分钟英语演讲稿【五篇】

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*演讲又叫讲演或演说，是指在公众场所，以有声语言为主要手段，以体态语言为辅助手段，针对某个具体问题，鲜明，完整地发表自己的见解和主张。本篇文章是为您整理的3分钟英语演讲稿【五篇】，供大家阅读与鉴赏！>【篇一】3分钟英语演讲稿　　Dear te...*

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>【篇一】3分钟英语演讲稿

　　Dear teachers， dear students：

　　hello everyone！

　　The topic of my speech is ＂the hardness of life＂

　　The vast desert， a tree stand， the show is a monument to the image.

　　Towering mountains， thousands of tree stand up， as is a magnificent the Great Wall.

　　The long river， all the trees stood up into a dragon of glory.

　　We are a symbol of too much， and too much. But I believe that my image is not ＂the gentlest hands， skin， such as Diorskin＂ Lin Daiyu， nor is the modern ＂unkempt and shabby＂， ＂Su Qier＂. We are a symbol of hope and vitality. So we show in front of others should be inserted without pleats， face without scale， modest and polite gestures exudes a stream of heroic spirit， the image of the vigor and vitality of the modern new youth， a into the embodiment of the spirit of nature.

　　Someone once said， life is a kind of hardness， integrity and dignity of life is propped up the hardness of bone. ＂Better life＂ and ＂the Kui back in the day， and not ashamed on the ground＂， which is always the traditional virtue of the China. Li Bai＇s ＂the eyebrow nengcui Zheyaoshan powerful thing， so that I may not be happy Yan＂ this awe inspiring atmosphere of the verse and whether it will make those no self-esteem people to shame？ Loss of self-esteem is a worthless person， and we as the vanguard of the times， if drown in the darkness forever， or to do a dauntless hero， a flower in the wind and rain sonorous rose. The answer is self-evident. 　　Desert desolate also has the monument stands， Castle Peak again proud， but also have the great wall around， the river again quiet， also there is a dragon in the recumbent. But the time can be changed， our image， our glory remains the same. Because we pride， because we are confident， because we have a fresh life. And because of this， it is a vast desert riparian long， Qingshan was evergreen， the hardness of life is forever.

>【篇二】3分钟英语演讲稿

　　good evening， honorable judges， ladies and gentlemen。

　　it’s my great pleasure to stand here to present my speech—change the world， change ourselves。

　　it’s noticable that western holidays are becoming increasingly popular day by day， while chinese traditional festivals are being somewhat neglected。 not long before about 10 doctors in beijing university and qinghua unversity announced that we should reject the invasion of western holidays ，because they regard western holidays as an challenge against our traditional festivals and culture。

　　frankly speaking， i don’t quite agree with them。indeed， we should never neglect or even discard our traditonal festivals as china boasts a brilliant history and splendid traditions。 （examples）。but why can’t we absorb the meaningful western holidays and culture。

　　there are obvious reasons why some western holidays are so popular in china。 on the one hand， some of the western holidays which we chinese don’t have are reasonable and meaningful， such as father’s day and april fool’s day etc。 on the other hand，the prevalence of globalization enables western culture to prevail in china。 overwhelmed by such a trend，chinese unconsiciously get involved in western holidays and culture。

　　with the further development of the whole world， the cultural communication between different countries and nations becomes faster and more and more important。 we are indeed from different nations， but we are the citizens of the same world， so the outstanding culture of different nations is the commom wealth of everyone on the earth。the only way for us to protect our traditional culture is to reject the foreign culture？ the answer is definitely no。 what we ought to do is to spare no effort to educate chinese to get to know and treasure our splendid traditions instead of rejecting foreign culture。 only by educating can we set our confidence and belief towards our culture。 only by educating can we preserve and promote the wealth that our ancesters left for us。

　　at last i’d like to share a famouse saying of gandhi with all of you ，that is：if you want to change the world， then you must change yourself first。”

>【篇三】3分钟英语演讲稿

　　Teachers， students：

　　Good morning， everyone！

　　Thanksgiving， is ubiquitous. What is the reason that I stand here？ Is gratitude. Thanks to the support of my teachers and classmates love， thanks to the school to give the opportunity to thank for a mother for the cultivation of thanks to my own effort. Because thanks to these， I will stand here today

　　I know， we should be thankful， grateful to our parents of fertility and gratefulness. Parents to our care and love， parents of selfless dedication to us， we should feel very satisfied and happy.

　　I know， we should be thankful， grateful to our training school， she gave us a good learning environment， provide us with a lot of opportunities， she can let us stand on the stage of this sacred in the great hall of the people， this makes me unforgettable. The dictionary composition nets：

　　I know， we should be thankful， grateful to our teachers every， is he （she） brings us from the first grade of ignorance； The innocence of second grade； Grade three naughty； In fourth grade restlessness； The growth of grade five， into today -- a graduating sixth graders. He （she） are among this shed too much sweat and hard work.

　　I know， we should be thankful， grateful to give us the gift of nature， the blue sky white clouds， lakes， sea， sunshine， fresh air， flowers and green grass， full of boundless universe.

　　Gratitude is not only a kind of etiquette， but also a healthy mind. Let each of us with a grateful heart.

　　Thank you all！

>【篇四】3分钟英语演讲稿

　　Honorable Judges， fellow students：

　　Good afternoon！

　　Recently， ther is a heated debate in our society. The college students are the beneficiaries of a rare privilege， who receive exceptional education at extraordinary places. But will we be able to face the challenge and support ourselves against all odds？ Will we be able to better the lives of others？ Will we be able to accept the responsibility of building the future of our country？

　　The cynics say the college students are the pampered lost generation， which would cringe at the slightest discomfort. But the cynics are wrong. The college students I see are eagerly learning about how to live independently. We help each other clean the dormitory， go shopping and bargain together， and take part time jobs to supplement our pocket money.

　　The cynics say we care for nothing other than grades； and we neglect the need for character cultivation. But again， the cynics are wrong. We care deeply for each other， we cherish freedom， we treasure justice， and we seek truth. Last week， thousands of my fellow students had their blood type tested in order to make a contribution for the children who suffer from blood cancer.

　　As college students， we are adolescents at the critical turning point in our lives. We all face a fundamental choice： cynicism or faith， each will profoundly impact our future， or even the future of our country. I believe in all my fellow classmates. Though we are still inexperienced and even a little bit childish. I believe that we have the courage and faith to meet any challenge and take on our responsibilities. We are preparing to assume new responsibilities and tasks， and to use the education we have received to make our world a better place. I believe in our future.

　　thank you！

>【篇五】3分钟英语演讲稿

　　good evening ，ladies and gentlemen：

　　thank you very much for choosing to e in such a cold night。today my topic is about choice and process。a research shows that a man has to make 73 choices one day。with so many choices one day， people easily get so confused and afraid of making wrong choice that they hesitate and finally miss the true part of life。 in my opinion， the following part is of much more importance than the choice。 there is no absolute right or wrong choice but wonderful or boring life， which the process makes the difference。

　　life is a box of chocolate，you never know what you will get。 forrest gump made no decision by and for himself but he acplished great success with his strong will in the process。 the process is not the road itself but the attitudes and feelings ，the caution， courage and persistance we have as we encounter new experience and unexpected obstacles。 take myself as an example， i changed my major when i became a postgraduate。 after the choice，days have been harsh for me。i cannot understand the new lessons at all。 for they are closely related to mathmatics which i learned nothing about before。 however wuth the belief that this is the great chance for me to experience new ideas and challenge myself，i persisted。 i asked for help from every channel and reorgonized my life。 gradually i could understand some parts and even found maths interesting。moreover， i learned to act instead of plaining。 in retrospect，the choice left no trace in my mind but the happiness and bitterness of the past four months bees an unforgetable experience in my life。

　　no matter what the choice is， enjoy the process。 in the process， your potential will be inspired and new discoveries，improvement and progress will e to you。 these are the most beautiful sceneries and only on the way can you see it。these make your life colorful。

　　there is no need and i donnot want to judge whether it right or wrong for me to be here，but i congratulate to myself for i gain and enjoy this fantastic experience。 so my dear friends，never worry about your choice and enjoy the process。 i am sure you will get something new and intersting tonight after you chose to e here。

　　thank you！

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