# 3分钟英语演讲稿【15篇】

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*演讲稿也叫演讲词，它是在较为隆重的仪式上和某些公众场合发表的讲话文稿。演讲稿是进行演讲的依据，是对演讲内容和形式的规范和提示，它体现着演讲的目的和手段。演讲稿的好坏直接决定了演讲的成功与失败。演讲稿像议论文一样论点鲜明，逻辑性强，富有特点。...*

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>【篇一】3分钟英语演讲稿

　　Honorable Judges, fellow students:

　　Good afternoon!

　　Recently, there is a heated debate in our society. The college students are the beneficiaries of a rare privilege, who receive exceptional education at extraordinary places. But will we be able to face the challenge and support ourselves against all odds? Will we be able to better the lives of others? Will we be able to accept the responsibility of building the future of our country?

　　The cynics say the college students are the pampered lost generation, which would cringe at the slightest discomfort. But the cynics are wrong. The college students I see are eagerly learning about how to live independently. We help each other clean the dormitory, go shopping and bargain together, and take part time jobs to supplement our pocket money.

　　The cynics say we care for nothing other than grades; and we neglect the need for character cultivation. But again, the cynics are wrong. We care deeply for each other, we cherish freedom, we treasure justice, and we seek truth.

　　Last week, thousands of my fellow students had their blood type tested in order to make a contribution for the children who suffer from blood cancer.

　　As college students, we are adolescents at the critical turning point in our lives. We all face a fundamental choice: cynicism or faith, each will profoundly impact our future, or even the future of our country. I believe in all my fellow classmates. Though we are still inexperienced and even a little bit childish.

　　I believe that we have the courage and faith to meet any challenge and take on our responsibilities. We are preparing to assume new responsibilities and tasks, and to use the education we have received to make our world a better place. I believe in our future.

>【篇二】3分钟英语演讲稿

　　good evening ，ladies and gentlemen：

　　thank you very much for choosing to e in such a cold night。today my topic is about choice and process。a research shows that a man has to make 73 choices one day。with so many choices one day， people easily get so confused and afraid of making wrong choice that they hesitate and finally miss the true part of life。 in my opinion， the following part is of much more importance than the choice。 there is no absolute right or wrong choice but wonderful or boring life， which the process makes the difference。

　　life is a box of chocolate，you never know what you will get。 forrest gump made no decision by and for himself but he acplished great success with his strong will in the process。 the process is not the road itself but the attitudes and feelings ，the caution， courage and persistance we have as we encounter new experience and unexpected obstacles。 take myself as an example， i changed my major when i became a postgraduate。 after the choice，days have been harsh for me。i cannot understand the new lessons at all。 for they are closely related to mathmatics which i learned nothing about before。 however wuth the belief that this is the great chance for me to experience new ideas and challenge myself，i persisted。 i asked for help from every channel and reorgonized my life。 gradually i could understand some parts and even found maths interesting。moreover， i learned to act instead of plaining。 in retrospect，the choice left no trace in my mind but the happiness and bitterness of the past four months bees an unforgetable experience in my life。

　　no matter what the choice is， enjoy the process。 in the process， your potential will be inspired and new discoveries，improvement and progress will e to you。 these are the most beautiful sceneries and only on the way can you see it。these make your life colorful。

　　there is no need and i donnot want to judge whether it right or wrong for me to be here，but i congratulate to myself for i gain and enjoy this fantastic experience。 so my dear friends，never worry about your choice and enjoy the process。 i am sure you will get something new and intersting tonight after you chose to e here。

　　thank you！

>【篇三】3分钟英语演讲稿

　　good morning/evening/afternoon， ladies and gentlemen ：

　　today， my speech is about talents，in my opionion， talents are indispensable in nowadays society. as is known to all that the fight among countries is actually the fight among talents.

　　first， i＇d like to define the word＂talent＂ in my idea， a talent is one person who is good at or expertised in some or multiple areas. nowadays， as the world developing goes on ， if one country want to rank top or do a good job in the world， the country must have many example， china， the biggest developing country in the world， in the past 100 years， is always invaded by other countries， why ，the reason is that china at that time had not so many talents. if they had anti-intrusion leader talents in the war， needleto say，they would have beat those big they had talents in weapons manufacturing， nodody dares to provoke ver， nowadays， it＇s a totally different situation， china has become powerfulin all over the world， why ？ because there are many talents serving the country， the civilians become more and more and more people go to university，more and more people come to receive further education. so what is that in return，talents in army protect our country from invasion， talents in commerce help make our economy keep in improving， talents in aerospace make the world see chinese manned spacecraft flying. talents in sports make china rank the first in the olympic games......

　　to sum up， talents will play a more and more impoetant role in the world， if one country intends to flourish， he must foster talents as many as they can ，that＇s all。

　　thank you！

>【篇四】3分钟英语演讲稿

　　Teachers， students：

　　Good morning， everyone！

　　Thanksgiving， is ubiquitous. What is the reason that I stand here？ Is gratitude. Thanks to the support of my teachers and classmates love， thanks to the school to give the opportunity to thank for a mother for the cultivation of thanks to my own effort. Because thanks to these， I will stand here today.

　　I know， we should be thankful， grateful to our parents of fertility and gratefulness. Parents to our care and love， parents of selfless dedication to us， we should feel very satisfied and happy.

　　I know， we should be thankful， grateful to our training school， she gave us a good learning environment， provide us with a lot of opportunities， she can let us stand on the stage of this sacred in the great hall of the people， this makes me unforgettable.

　　I know， we should be thankful， grateful to our teachers every， is he （she） brings us from the first grade of ignorance； The innocence of second grade； Grade three naughty； In fourth grade restlessness； The growth of grade five， into today -- a graduating sixth graders. He （she） are among this shed too much sweat and hard work.

　　I know， we should be thankful， grateful to give us the gift of nature， the blue sky white clouds， lakes， sea， sunshine， fresh air， flowers and green grass， full of boundless universe.

　　Gratitude is not only a kind of etiquette， but also a healthy mind. Let each of us with a grateful heart.

　　Thank you all！

>【篇五】3分钟英语演讲稿

　　Dear teachers， dear students：

　　hello everyone！

　　The topic of my speech is ＂the hardness of life＂.

　　The vast desert， a tree stand， the show is a monument to the image.

　　Towering mountains， thousands of tree stand up， as is a magnificent the Great Wall.

　　The long river， all the trees stood up into a dragon of glory.

　　We are a symbol of too much， and too much. But I believe that my image is not ＂the gentlest hands， skin， such as Diorskin＂ Lin Daiyu， nor is the modern ＂unkempt and shabby＂， ＂Su Qier＂. We are a symbol of hope and vitality. So we show in front of others should be inserted without pleats， face without scale， modest and polite gestures exudes a stream of heroic spirit， the image of the vigor and vitality of the modern new youth， a into the embodiment of the spirit of nature.

　　Someone once said， life is a kind of hardness， integrity and dignity of life is propped up the hardness of bone. ＂Better life＂ and ＂the Kui back in the day， and not ashamed on the ground＂， which is always the traditional virtue of the China. Li Bai＇s ＂the eyebrow nengcui Zheyaoshan powerful thing， so that I may not be happy Yan＂ this awe inspiring atmosphere of the verse and whether it will make those no self-esteem people to shame？ Loss of self-esteem is a worthless person， and we as the vanguard of the times， if drown in the darkness forever， or to do a dauntless hero， a flower in the wind and rain sonorous rose. The answer is self-evident. 　　　　Desert desolate also has the monument stands， Castle Peak again proud， but also have the great wall around， the river again quiet， also there is a dragon in the recumbent. But the time can be changed， our image， our glory remains the same. Because we pride， because we are confident， because we have a fresh life. And because of this， it is a vast desert riparian long， Qingshan was evergreen， the hardness of life is forever.

>【篇六】3分钟英语演讲稿

　　good morning teachers and fellow students. today we would like to introduce a few favorite books to you.

　　my favorite book is （italian： cuore）. this is a diary written by an italian boy enrico. the diary is about his life and study. it included various touching stories that happened around enrico， the mottos taught by his parents， as well as the wonderful ten ＂monthly＂ stories told by his teacher during the class. every word in the chapter describes the word ＂love＂. from patriotism to friendship， and to the love between parents and child -- really touching.

　　this novel taught me how to love， and how to learn from love. i really like this book very much. how about you？ what is your favorite book？

　　my favorite book is . have you read it before？

　　oh， i haven’t read this book before. what is it about？

　　well， it is a story of a rich girl who maintained her noble character after the bankruptcy of her father. the story is happy ending.

　　can you tell us why you love this book so much？

　　sure. it is because the story taught us to be brave and to face the challenges and difficulties with courage. i am deeply impressed by the strength and perseverance of the little princein the story. i have decided to learn from her from now on.

　　oh i see， the story sounds very good. i cannot wait to read this book as well.

>【篇七】3分钟英语演讲稿

　　good afternoon！

　　honorable judges，dear teachers and close friends.i’m very glad to stand here to share my speech with y i’m going to talk about dreams.

　　everyone has a dream.

　　martin luther king had a dream-and we can all recall his civil rights knight had a dream-and now the whole world knows his nike slogan“just do it”！

　　i also have a dream，but not only a simple one.

　　when i was in primary school，my dream was that i would be a doctor when i grew up.i’ll be the first person who produces a new kind of medicine can make teachers relax when they are busy correcting their students’ exercises and preparing their use one day when i woke up at midnight，i found my father，a senior chinese teacher，was still busy with his work.i was deeply moved.i wish my father could be healthy and relaxed every minute.

　　now i’m a senior grade two student，all my classmates and i are working hard，we all know the college entrance examination which will come in the year of XX is a big problem for must study harder and harder in order to go to a good university，then when we finish our school，we can find a good job in dream is also gh now i’m not good at study，i’ll try my best.

　　i know fantasy is hard to come true，bue dream can.

　　i’ll work hard for my dreams，i’ll never give up.

　　thank you！

>【篇八】3分钟英语演讲稿

　　Good afternoon ，ladies and gentlemen！

　　I’m very honored to stand here and give you a short speech！ To begin with ，I want to ask a question everybody dream a good dream last night？ Actually ，today I want to talk about dream with you. Of course， What I want to talk is not a dream you have last night，but a dream—— about life.

　　Everyone has dreams about life， different dreams at different life stage，and we need dreams to support us. Dreams are like the stars we never reach in the sky，but like most mariners（水手），we can chart our course by them. With the dream，we have a direction，with a direction， we were no longer the dream， there is hope，With hope， we have the strength to fight.

　　I have a dream： To be a doctor.，because doctor may relieve the pain of patients. May let the human change the health. At the same time， I believed that， those who help others may be able to obtain joyfully. Therefore， I hoped in the near future ，I might be a doctor.

　　But I know，life is tough，and there are always ups and downs， maybe we fail in the way to our aims，and we may feel depressed ，whenever at this time， the dream in our heart can always comfort us， encourage us ，and support us to move ahead .

　　Young！Fortunately， I am young now. Just due to it， I know that nothing is impossible.I firmly believe that nothing can stand in my way. If I can＇t realize my dream，it result from that I haven＇t work harder enough and I won＇t find other excuses. If no people believe you， you can make it to prove that you are right. If you think the god haven＇t blessed you and there is no truth here， you can become the god and create the truth.

　　＂My breath swallows the sky and make the yellow river overflow， my sword is famous in Kyushu and it can collapse the five sacred mountains.＂ At some time in the past I also had am bitious words and I had some achievements. Each achievement results from my hard work. I always believe that ＂If you want to have more achievements than others， you must work harder.＂ In some extent， the dream is the hope. If you can insist on doing something， the victory will come.

　　Hold fast to dreams， for if dreams die， life is a broken-winged bird that cannot fly. Hold fast to dreams， for when dreams go， life is a barren field frozen with snow. So my dear friends， think of your old and maybe dead dreams. Whatever it is， pick it up and make it alive from today. Let＇s--- move ----out！

　　Thank you for your listening！

>【篇九】3分钟英语演讲稿

　　Good afternoon ，ladies and gentlemen！

　　I’m very honored to stand here and give you a short speech！ my topic is Opportunities and Challenges.

　　First， I would like to know， what does your destiny offer you？ Happiness， wisdom， a strong body or something else. If I had asked this question to president Nixon， he would probably had said，”Our destiny offers not the cup of despair， but the chalice of opportunity.”

　　Needless to say. Till now， we have used two sevenths of the preparation time. How much changes have you seen？ New roads， new subway lines， public-exercising equipments with beautiful colors， large blocks of grass fields， and also lots of modern gyms which are under construction.

　　Other than those， there are even more good effects brought to us by the Olympic Games that cannot be seen directly. For example， more and more people will get to know China. I’m sure the mysterious Chinese culture will attract them strongly. And the games will also do good to the economy and environment， for it is gaining the attention of foreign investors and the awareness of environmental protection is being strengthened. What is more， Olympic Games give a unique opportunity to inspire and educate a new generation of Chinese youth with the Olympic values and the Olympic spirit. Now that we have seen so many advances， could you even imagine us losing the holding rights？

　　I’ve already said a lot about the Olympics and China. But I think everyone should use some time to think of this question， ”Does the Olympic Games have any special meaning to you？”

　　For us， I mean the Chinese youth. Because what we are waiting for is to do something significant as repaying the love given to us society is just like a ship， and in our dreams the captain is waving his hand and saying ”Hey！ Come here and take the helm！ ”How charming his voice is， but we have never heard of it in our true life. This morning， however， when we wake up， we will see the Olympic Games waving its hand. After chewing， most of us will have at least one plan about what to do for the Olympic Games. And mine is to be a “comforter” ----that is someone who will give comfort to others.

　　At the end of my speech， I hope all the preparation will go well， and everyone will show their ability to the world. Let us seize opportunities and give a big smile to challenges.

>【篇十】3分钟英语演讲稿

　　Good morning everyone：

　　It＇s a great honor for me to stand here to deliver a speech to you. Then today I want to talk something about dreams and reality.

　　As the famous Russian litterateur Lev Tolstoy （列夫、托尔斯泰）said， “Ideal is the beacon（烟火、灯塔）. Without ideal， there is no secure （无虑的， 安全的， 安心的， 可靠的， 保险的）direction； without a direction， there is no life.” So there’s no doubt that everyone needs his or her own ideal. Have you ever thought that what is practical and sensible（.明智的， 有感觉的， 明理的） will connect with our most treasured dreams？ Maybe， to somebody， reality has little relation to ideal. To others nothing can be done without the sense of reality. So make our dreams a part of our reality. And make our reality a part of our dreams. There is no reason why our dreams must oppose our reality. Improve our dreams and our reality by bringing them together.

　　As a university student， establishing a dream is one of the most important things we have to do everyone must see the reality clearly at first. Your family condition， your personal ability， your social intercourse （交往、交流）， your subject and the job you want to do， these things show you the reality and lead you to establish a dream.

　　Further more， difficult or otherwise， we should put the power of reality into our dreams. Last but not least remember to work hard at the task of chasing 追逐our dreams. Do believe that we can achieve our ideal step by step by the passage of time！

　　In the end， I want to share with you a poetry named ＂ I think I can＂.

　　Maybe you can not understand the meaning of the poetry ， But do not be worried ，Let me tell you the meaning

　　Thank you for your listening！

>【篇十一】3分钟英语演讲稿

　　Hello， ladies and gentlemen！ It is my honor to share my topic with you here. And my topic is Time Is Valuable.？？ Time flies. The article cong cong of Zhu Ziqing also tells us time is rare. We all know that ：Time is life， at home we have parents advisement， at school we have teachers advisement. But who treasures time as life？

　　Now let’s enjoy a story： One day a young man visited great educator Banjieming. When Banjieming opened the door， to the young man’s great surprise.： his house was very dirty. “I’m sorry， It’s too dirty. Wait a minute please. Banjieming said and closed the door.

　　One minute later， Banjieming opened the door again and said： come in please . This time what the young man saw was a clean and clear sitting room.

　　“OK， You may go now. Banjieming said ， “But I ， I havn’t remit to you”. The young man asked. “Isn’t it enough？ Looking at the room， “ Banjieming said. “You have been here for one minute.” “One minute？ One minute， Oh I know. You tell me a truth： We can do many things in a minute.” The young man left with satisfaction.

　　The story is short but meaningful. Just like the story says：

　　one minute isn’t long. But our life is made of such minutes. In fact only treasure time ， will you succeed， only treasure time， will you realize your ideal. Only treasure time will you achieve what you want.

　　We should make good use of time to study hard or to do something meaningful for yourself. So， we should plan the time to study and relax，especially at use we have more free time at home，so that we can use that time to do a lot of things.

　　However，how can we plan the time？ There are different ways for different example， somebody like to study in the morning， and relax in the the contrary， somebody like to relax in the morning， and study in the body even think the best time to study is in the erent ways for different all the ways have one thing in common.

　　That is the need for practical action. If you want to change a difficult situation， if you want to change yourself， if you want to make good use of time to study， you must put into not， your plan will be not meaningful.

　　So dear fiends， please treasure every minutes of your life. Only like this will you have an excellent future. Thank you very much.

>【篇十二】3分钟英语演讲稿

　　ladies and gentlemen， boys and girls，

　　i am chinese. i am proud of being a chinese with five thousand years of civilization behind. i‘ve learned about the four great inventions made by our forefathers. i‘ve learned about the great wall and the yangtze river. i‘ve learned about zhang heng and i‘ve learned about zheng says the yellow river civilization has vanished？i know that my ancestors have made miracles on this fertile land and we‘re still making miracles. who can ignore the fact that we have established ourselves as a great state in the world， that we have devised our own nuclear weapons， that we have successfully sent our satellites into space， and that our gnp ranks no. 7 in the world？ we have experienced the plunders by other nations， and we have experienced the war. yet， based on such ruins， there still stands our nation----china， unyielding and unconquerable！

　　i once came across an american tourist. she said， ―china has a history of five thousand years， but the us only has a history of 200 years. five thousand years ago， china took the lead in the world， and now it is the us that is leading.‖ my heart was deeply touched by these words. it is true that we‘re still a developing nation， but it doesn‘t mean that we can despise ourselves. we have such a long-standing history， we have such abundant resources， we have such intelligent and diligent people， and we have enough to be proud of.

　　reasons to say proudly： we are sure to take the lead in the world in the future again， for our problems are big， but our ambition is even bigger， our challenges are great， but our will is even greater.

　　i am chinese. i have inherited black hair and black eyes. i have inherited the virtues of my ancestors. i have also taken over responsibility. i am sure， that wherever i go， whatever i do， i shall never forget that i am chinese！

>【篇十三】3分钟英语演讲稿

　　Distinguished judges， teachers， dear friends：

　　Hello， everybody！ My name is xxx， I come from xxx. Today， I am very glad to stand here and share with you my most sincere speech‘Flying youth， master our future！’

　　Life is a process of growing up. Saying goodbye to childhood， we step into another important time of life‘the youth’ver， who can really say what the youth is ？ A period of time？ A belief？ An attitude to life？ Or anything else？ We don’t know.

　　A famous poet said ‘ youth is a lovely song ，where nothing is impossible ； youth is a meaningful book， you’ll be never bored of it ；youth is a rapid river ，it keeps on flowing day and night ；youth is a cup of tea ，it shows you different kinds of tastes in your life. ’

　　As youth is so precious， of course， we must treasure it ’t let the limited time pass by， leaving nothing of significance to our future. Actually， youth has a lot to do with our future. It’s necessary for us to prepare ourselves well for the future to come. So， what should we do？ Here ，I’ll point out some tips to help equip ourselves.

　　First of all， recognize the direction of your future. In other word， think of what you’d like to be some day. A teacher ？ A doctor ？ A writer？ Don’t afraid of thinking big and great e you are young ， you can dream of doing anything and becoming anyone in the future

　　What’s more ， never ignore the power of knowledge. Read more books and travel around. For one thing， it can increase your knowledge， for another， it’ll broaden your horizon.

　　Last but not the least ， stick to your dream. It easier said than done. After all， future is not all roses. So， we should have enough courage and determination to overcome all the difficulties.

　　I firmly believe one sentence that‘If you think you can， of course you can！’Just believe we can make it！ Keep on walking towards our dream. Flying youth ，master our future. From today， from now on ，from Duping Middle School ！ Ready ？

　　That’s all. Thank you so much for your attention ！

>【篇十四】3分钟英语演讲稿

　　good afternoon， ladies and gentlemen！

　　The poet said： spring flowers to the door pushed open 。 I said： Thanksgiving to the door pushed open the living. If you carefully listen to the voices of flowers， are everywhere harmonious life movement.

　　Then， as a middle school student， how Thanksgiving？

　　First Thanksgiving their parents， because everyone%26#39；s life is a continuation of the parents of one blood， all of the parents gave us love， let us enjoy the human world of affection and happiness， therefore， we would like to thank the parents.

　　Teachers are our growth， are our friends， teachers care for us ， their words and deeds， let us benefit for life， we pay for teachers efforts and sweat， we should Thanksgiving teachers.

　　Students study the lives of our fellow students to encourage each other， help each other， to jointly overcome difficulties and setbacks， the common taste of success and happiness learning， we should be grateful for every day and we accompanied the students.

　　Thanksgiving-Fighting， Thanksgiving unlimited！ Students， and Society Thanksgiving！ Let us always to the life caring and full of love and love！

>【篇十五】3分钟英语演讲稿

　　Ladies and Gentlemen：

　　Good morning! I’m very glad to stand here and give you a short speech.

　　Man’s life is a process of growing up, actually I’m standing here is a growth. If a person’s life must constituted by various choices, then I grow up along with these choices. Once I hope I can study in a college in future, however that’s passed, as you know I come here, now I wonder what the future holds for me.

　　When I come to this school, I told to myself: this my near future, all starts here. Following I will learn to become a man, a integrated man, who has a fine body, can take on important task, has independent thought, an open mind, intensive thought, has the ability to judge right and wrong, has a perfect job.

　　Once my teacher said :” you are not sewing, you are stylist; never forget which you should lay out to people is your thought, not craft.” I will put my personality with my interest and ability into my study, during these process I will combine learning with doing. If I can achieve this “future”, I think that I really grow up. And I deeply believe kindred, good-fellowship and love will perfection and happy in the future.

　　How to say future? Maybe it’s a nice wish. Lets make up our minds, stick to it and surely well enjoy our life.

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