# 1到3分钟英语演讲作文5篇范文

来源：网络 作者：梦醉花间 更新时间：2024-06-05

*严格地讲，演讲是演讲者与听众、听众与听众的三角信息交流，演讲者不能以传达自己的思想和情感、情绪为满足，他必须能控制住自己与听众、听众与听众情绪的应和与交流。下面给大家分享一些关于1到3分钟英语演讲作文5篇，供大家参考。1到3分钟英语演讲作文...*

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**1到3分钟英语演讲作文(1)**

I have a dream today。

I have a dream that one day every vally shall be exalted， every hill andmountain shall be made low， the rough places will be made plain， and the crookedplaces will be made straight， and the glory of the Lord shall be revealed， andall flesh shall see it together。

Wow， what a dream it has been for Martin Luther King。 But the changingworld seems telling me that people gradually get their dreams lost somehow inthe process of growing up， and sometimes I personally find myself saying goodbyeunconsciously to those distant childhood dreams。

However， we meed dreams。 They nourish our spirit; they representpossibility even when we are dragged down by reality。 They keep us going。 Mostsuccessful people are dreamers as well as ordinary people who are not afraid tothink big and dare to be great。 When we were little kids， we all dreamed ofdoing something big and splashy， something significant。 Now what we need to dois to maintain them， refresh them and turn them into reality。 However， thetoughest part is that we often have no ideas how to translate these dreams intoactions。 Well， just start with concrete objectives and stick to it。 Don’t letthe nameless fear confuse the eye and confound our strong belief of future。Through our talents， through our wits， through our endurance and through ourcreativity， we will make it。

Hold fast to dreams， for if dreams die， life is a broken-winged bird thatcannot fly。 Hold fast to dreams， for when dreams go， life is a barren fieldfrozen with snow。 So my dear friends， think of your old and maybe dead dreams。Whatever it is， pick it up and make it alive from today。

**1到3分钟英语演讲作文(2)**

Time， was a strange thing， it makes all sickness and death。 When there issomething born of time， from that moment the beginning of time has passed。 Howto we do? We can only seize the opportunity to seize life， to do the masters oftheir own destiny。

I have thought about a problem， what is time? I think that time is of themind in life when the runway， and it is responsible for the pletion of a missionof a subpision。

Can not recover the past， the past is a good time regardless， or painfuland have to stay in our memory， our experience has enriched and matured ourthinking。 Occasionally， the memories， can regulate our emotions， purify ourhearts。 Has been really obsessed with old things is not desirable because it ismore important now。

I read a Soviet writer Nicholas? Alec? Ostrovsky\'s book \"How to MakeSteel\"， I was moved to this section of the article so that impressed me： \"Lifebelongs to the people only once。 one\'s life should be spent this way： when helook back， he does not regret the years wasted， not because of the shame 。 Thus，in death， he will be able to say ： \'I own a whole life and energies arededicated to the world\'s most magnificent cause - the cause of humanity andthestruggle of liberation。 \" Yes ah life time were more valuable it， especially thejuvenile time。 From now on， I have to cherish。

I\'ve heard such a story： The pressure in the rubble and stones following agrass， it is a longing for the sun to reach it the will of Health， no matter howheavy stones above， between the rocks and stones How to narrow the gap， italways twists and turns， the tough and up through to the ground。 Its root to thesoil under the long shoots to the ground it stands， this is an irresistibleforce of life， to prevent its stones were thrown to the。 Xiaocaohu a vitality sogreat that people can not help but sigh。

Yes ah， life will be like this， like the grass， no matter whatcircumstances， are making progress will never bow， the only way of life is thebest， the most meaningful。 Time is of the essence， time is gone forever， and wemust treasure this good time， study hard， grow up， the effectiveness of themotherland。 It is also the so-called \"one inch by one inch gold time， gold-inchinch time。 Let us cherish the time with it!

**1到3分钟英语演讲作文(3)**

Good afternoon, ladies and gentlemen!

I am glad to be here to share my opinions with all of you. My topic todayis about Internet.

With the development of technology, more and more people are fond of usingInternet. It is particularly popular among young people. Just like the coin hastwo sides, internet also has its own advantages and disadvantages.

First of all, the Internet has brought people great convenience in gettinginformation, entertainment and contact with each other. As for our students, itis a useful tool when we meet problems. When we are tired, a piece of lightmusic will help us relax. If we have free time, we can enjoy movies orinteresting cartoons. What’s more, we can also watch live programs on theinternet or see it later if we are not available at that time.

But there is also bad influence. Some of the young teenagers are addictedto computer games, and some even play games all night. Because of lacking insleep, those students can not focus on in the class . As a result, they may failin the exam. When they realize it is wrong to spend too much time playing games,it’s already too late.

I have remembered such a piece of news . An excellent student flunked(考试不及格) because he could not concentrate on his study for being too indulged incomputer games. He spent nearly all the money on games, which was earned by hisfather\'s selling blood. When his father knelt down to beg him to return toschool, he was too numb to show any regret.

The most serious harm of computer games come from their contents, whichaffects teenagers \' mental health. Many games involve violence, such as fightingand killing. When they enjoy the pleasure of success, a violent turn of mind isdeveloped and rooted in them, which may induce future violent behaviour in theirlife.

So when computers\' entertaining function is highly spoken of ,such aproblem does deserve our serious concern.

In addition, long time\'s working before computer also does harm to health.The radiation from the computer can arose many uncomfortable feelings., like aheadache, poor eyesight.

At last, people who are fond of making friends on line should also becareful. Many convicts use Internet as a way to cheat. Although it has manydisadvantages , Internet has become an indispensable part of people\'s life inrecent years. In my point of view, it’s wrong to blame Internet itself, it’s alldepend on the way we use it. If we use it in a right way, it can be one of thebest friends in our life.

That \'s all , thank you !

**1到3分钟英语演讲作文(4)**

Let me begin my speech with a replay of scenes familiar to most， if notall， of those present here today.

Mum， im sorry， but i need 3，000 yuan for my tuition this year.

Mmum， it is my friends birthday tomorrow， i must buy her a present.

Mum， this jacket was out of fashion long ago， would you do me a favor?

Take. the relationship between a mother and a child always seems to followsuch a pattern.

I know my mother is always there for me， providing me with everything ineed; from food to clothing， from tuition to pocket money.

I never thought twice about all she did until one day she said， will therebe a time that youll say you have taken enough from me?

Like a child endlessly asking， we humans， throughout history， have beencontinually demanding what we desire from nature.

We enjoy the comfort and beauty of our furniture， yet we never bother tothink about the serious soil erosion caused by deforestation.

We take it for granted that we must warm ourselves in winter times， yet weseldom realize the burning away of precious natural resources.

We appreciate all the prosperity from the development of modern industry，yet few would give the slightest consideration to the global air and waterpollution caused by industrial wastes.

Our ruthless exploitation has permanently impaired our mother earth.

As we tragically learned from last summers floods.

We cannot continue our carelessness.

Finally， standing here at the threshold of the 21st century， we cannot helpthinking of our posterity.

Nature is not only the mother of the present generation， but also themother of the generations to come.

How severely our descendents will criticize us if we leave them a barrenand lifeless mother? how much more they will appreciate us if we give them aworld of harmony to inherit? let us start respecting and caring for nature fromnow on.

Let us start the campaign of creating a mutually beneficial relationshipbetween people and nature right from this moment.

With this new start， i firmly believe， that our children， and our childrenschildren will live in a brand new age of green trees， clean air， crystal water，blue sky and an even more promising world!

**1到3分钟英语演讲作文(5)**

Good afternoon，ladies and gentlemen!

I\'m very honored to stand here and give you a short speech! To begin with，I want to ask a question 。Does everybody dream a good dream last night?Actually ，today I want to talk about dream with you。 Of course， What I want totalk is not a dream you have last night，but a dream—— about life。

Everyone has dreams about life， different dreams at different lifestage，and we need dreams to support us。 Dreams are like the stars we never reachin the sky，but like most mariners，we can chart our course by them。 With thedream，we have a direction，with a direction， we were no longer confused。With thedream， there is hope，With hope， we have the strength to fight。

I have a dream: To be a doctor。，because doctor may relieve the pain ofpatients。 May let the human change the health。 At the same time， I believedthat， those who help others may be able to obtain joyfully。 Therefore， I hopedin the near future ，I might be a doctor。

But I know，life is tough，and there are always ups and downs， maybe we failin the way to our aims，and we may feel depressed ，whenever at this time， thedream in our heart can always fort us， encourage us ，and support us to moveahead。

Young!Fortunately， I am young now。 Just due to it， I know that nothing isimpossible。I firmly believe that nothing can stand in my way。 If I can\'t realizemy dream，it result from that I haven\'t work harder enough and I won\'t find otherexcuses。 If no people believe you， you can make it to prove that you are right。If you think the god haven\'t blessed you and there is no truth here， you can beethe god and create the truth。

“My breath swallows the sky and make the yellow river overflow， my sword isfamous in Kyushu and it can collapse the five sacred mountains。” At some time inthe past I also had am bitious words and I had some achievements。 Eachachievement results from my hard work。 I always believe that “If you want tohave more achievements than others， you must work harder。” In some extent， thedream is the hope。 If you can insist on doing something， the victory will e。

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Thank you for your listening!

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