# 初中英语演讲带翻译：如何才能受人欢迎

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如何才能受人欢迎

Most people would like to be popular with others, but not everyone can achieve this goal. What is the secret to popularity? In fact, it is very simple. The first step is to improve our appearance. We should always make sure that we stay in good shape and dress well. When we are healthy and well-groomed, we will not only look better but also feel better. In addition, we should smile and appear friendly. After all, our facial expression is an important part of our appearance. If we can do this, people will be attracted to our good looks and impressed by our confidence.

大部分的人都想受人欢迎，但是并非每个人都能达到目标。受欢迎的秘诀何在?事实上是很简单的。步骤一，先改善我们的外表。我们得确保自己很健康，并且穿着体面。当我们既健康又穿戴整齐时，不仅看起来更有精神，自己也会觉得好多了。此外，我们要保持微笑并表现得很友善。毕竟，脸部表情是外观很重要的一环。如果我们能做到这一点，别人会被我们的美好外表所吸引，并对我们的自信印象深刻。

Another important step is developing more consideration for others. We should always put others first and place their interests before our own. It\'s also important to be good listeners; in this way people will feel comfortable enough to confide in us. However, no matter what we do, we must not gossip. Above all, we must remember to be ourselves, not phonies. Only by being sincere and respectful of others can we earn their respect. If we can do all of the above, I am sure popularity will come our way.

另一个重要步骤，就是培养对别人的体贴。永远以他人为重，并把别人的利益放在自己的利益之前。当个好听众也是很重要的;如此一来，别人才能很自在地对我们吐露心事。然而，不管我们做什么事，绝对不要说闲言闲语。最重要的是，要做自己，不要当虚伪的人。只有对人真诚又尊重时，才能赢得他人的尊敬。如果我们能做到以上几点，我相信受人欢迎是指日可待的事。

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