# 英语演讲稿 Youth

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youth is not a time of life, it is a state of mind ; it is not rosy cheeks , red lips and supple knees, it is a matter of the emotions : it is the freshness ; it is the freshness of the deep springs of life .

youth means a temperamental predominance of courage over timidity of the appetite , for adventure over the love of ease. this often exists in a man of 60 more than a boy of 20 . nobody grows old merely by a number of years . we grow old by deserting our ideals.

years wrinkle the skin , but to give up enthusiasm wrinkles the soul . worry , fear , self –distrust bows the heart and turns the spirit back to dust .

whether 60 of 16 , there is in every human being ‘s heart the lure of wonders, the unfailing childlike appetite of what’s next and the joy of the game of living . in the center of your heart and my heart there’s a wireless station : so long as it receives messages of beauty , hope ,cheer, courag

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