# 中学生英语演讲稿3分钟5篇范文

来源：网络 作者：紫云轻舞 更新时间：2025-04-03

*当你觉得自己演讲的不好的时候，千万不要选择低头，你可以从观众群里寻求支持。有许多人因为紧张而不敢拿自己的眼睛看着台下听众，但是当你和观众对视的时候你会发现，也许你讲的并不是很好，但是他们都会很友好地对你微笑，同时还会不断地点头，向你表示支持...*

当你觉得自己演讲的不好的时候，千万不要选择低头，你可以从观众群里寻求支持。有许多人因为紧张而不敢拿自己的眼睛看着台下听众，但是当你和观众对视的时候你会发现，也许你讲的并不是很好，但是他们都会很友好地对你微笑，同时还会不断地点头，向你表示支持。下面给大家分享一些关于中学生英语演讲稿3分钟5篇，供大家参考。

**中学生英语演讲稿3分钟(1)**

change the world? change ourselves

good evening， honorable judges， ladies and gentlemen。

it’s my great pleasure to stand here to present my speech—change the world，change ourselves。

it’s noticable that western holidays are becoming increasingly popular dayby day， while chinese traditional festivals are being somewhat neglected。 notlong before about 10 doctors in beijing university and qinghua unversityannounced that we should reject the invasion of western holidays ，because theyregard western holidays as an challenge against our traditional festivals andculture。

frankly speaking， i don’t quite agree with them。indeed， we should neverneglect or even discard our traditonal festivals as china boasts a brillianthistory and splendid traditions。 (examples)。but why can’t we absorb themeaningful western holidays and culture。

there are obvious reasons why some western holidays are so popular inchina。 on the one hand， some of the western holidays which we chinese don’t haveare reasonable and meaningful， such as father’s day and april fool’s day etc。 onthe other hand，the prevalence of globalization enables western culture toprevail in china。 overwhelmed by such a trend，chinese unconsiciously getinvolved in western holidays and culture。

with the further development of the whole world， the cultural communicationbetween different countries and nations becomes faster and more and moreimportant。 we are indeed from different nations， but we are the citizens of thesame world， so the outstanding culture of different nations is the commom wealthof everyone on the earth。the only way for us to protect our traditional cultureis to reject the foreign culture? the answer is definitely no。 what we ought todo is to spare no effort to educate chinese to get to know and treasure oursplendid traditions instead of rejecting foreign culture。 only by educating canwe set our confidence and belief towards our culture。 only by educating can wepreserve and promote the wealth that our ancesters left for us。

at last i’d like to share a famouse saying of gandhi with all of you ，thatis：if you want to change the world， then you must change yourself first。”

**中学生英语演讲稿3分钟(2)**

Let me begin my speech with a replay of scenes familiar to most， if notall， of those present here today.

\"Mum， I\'m sorry， but I need 3，000 yuan for my tuition this year.\"

\"Mum， it is my friend\'s birthday tomorrow， I must buy her a present.\"

\"Mum， this jacket was out of fashion long ago， would you do me a favor?\"

Take. Take. Take. The relationship between a mother and a child alwaysseems to follow such a pattern. I know my mother is always there for me，providing me with everything I need; from food to clothing， from tuition topocket money. I never thought twice about all she did until one day she said，\"Will there be a time that you\'ll say you have taken enough from me? \"

Like a child endlessly asking， we humans， throughout history， have beencontinually demanding what we desire from nature. We enjoy the comfort andbeauty of our furniture， yet we never bother to think about the serious soilerosion caused by deforestation. We take it for granted that we must warmourselves in winter times， yet we seldom realize the burning away of preciousnatural resources. We appreciate all the prosperity from the development ofmodern industry， yet few would give the slightest consideration to the globalair and water pollution caused by industrial wastes. Our ruthless exploitationhas permanently impaired our mother earth. As we tragically learned from lastsummer\'s floods. we cannot continue our carelessness.

Finally， standing here at the threshold of the 21st century， we cannot helpthinking of our posterity. Nature is not only the mother of the presentgeneration， but also the mother of the generations to come.

How severely our descendents will criticize us if we leave them a barrenand lifeless mother? How much more they will appreciate us if we give them aworld of harmony to inherit? Let us start respecting and caring for nature fromnow on. Let us start the campaign of creating a mutually beneficial relationshipbetween people and nature right from this moment. With this new start， I firmlybelieve， that our children， and our children\'s children will live in a brand newage of green trees， clean air， crystal water， blue sky and an even morepromising world!

**中学生英语演讲稿3分钟(3)**

Dear teachers， dear students：

hello everyone!

The topic of my speech is \"the hardness of life\"

The vast desert， a tree stand， the show is a monument to the image.

Towering mountains， thousands of tree stand up， as is a magnificent theGreat Wall.

The long river， all the trees stood up into a dragon of glory.

We are a symbol of too much， and too much. But I believe that my image isnot \"the gentlest hands， skin， such as Diorskin\" Lin Daiyu， nor is the modern\"unkempt and shabby\"， \"Su Qier\". We are a symbol of hope and vitality. So weshow in front of others should be inserted without pleats， face without scale，modest and polite gestures exudes a stream of heroic spirit， the image of thevigor and vitality of the modern new youth， a into the embodiment of the spiritof nature.

Someone once said， life is a kind of hardness， integrity and dignity oflife is propped up the hardness of bone. \"Better life\" and \"the Kui back in theday， and not ashamed on the ground\"， which is always the traditional virtue ofthe China. Li Bai\'s \"the eyebrow nengcui Zheyaoshan powerful thing， so that Imay not be happy Yan\" this awe inspiring atmosphere of the verse and whether itwill make those no self-esteem people to shame? Loss of self-esteem is aworthless person， and we as the vanguard of the times， if drown in the darknessforever， or to do a dauntless hero， a flower in the wind and rain sonorous rose.The answer is self-evident. 　　Desert desolate also has the monument stands，Castle Peak again proud， but also have the great wall around， the river againquiet， also there is a dragon in the recumbent. But the time can be changed， ourimage， our glory remains the same. Because we pride， because we are confident，because we have a fresh life. And because of this， it is a vast desert riparianlong， Qingshan was evergreen， the hardness of life is forever.

**中学生英语演讲稿3分钟(4)**

good evening ，ladies and gentlemen：

thank you very much for choosing to e in such a cold night。today my topicis about choice and process。a research shows that a man has to make 73 choicesone day。with so many choices one day， people easily get so confused and afraidof making wrong choice that they hesitate and finally miss the true part oflife。 in my opinion， the following part is of much more importance than thechoice。 there is no absolute right or wrong choice but wonderful or boring life，which the process makes the difference。

life is a box of chocolate，you never know what you will get。 forrest gumpmade no decision by and for himself but he acplished great success with hisstrong will in the process。 the process is not the road itself but the attitudesand feelings ，the caution， courage and persistance we have as we encounter newexperience and unexpected obstacles。 take myself as an example， i changed mymajor when i became a postgraduate。 after the choice，days have been harsh forme。i cannot understand the new lessons at all。 for they are closely related tomathmatics which i learned nothing about before。 however wuth the belief thatthis is the great chance for me to experience new ideas and challenge myself，ipersisted。 i asked for help from every channel and reorgonized my life。gradually i could understand some parts and even found mathsinteresting。moreover， i learned to act instead of plaining。 in retrospect，thechoice left no trace in my mind but the happiness and bitterness of the pastfour months bees an unforgetable experience in my life。

no matter what the choice is， enjoy the process。 in the process， yourpotential will be inspired and new discoveries，improvement and progress will eto you。 these are the most beautiful sceneries and only on the way can you seeit。these make your life colorful。

there is no need and i donnot want to judge whether it right or wrong forme to be here，but i congratulate to myself for i gain and enjoy this fantasticexperience。 so my dear friends，never worry about your choice and enjoy theprocess。 i am sure you will get something new and intersting tonight after youchose to e here。

thank you!

**中学生英语演讲稿3分钟(5)**

good morning/evening/afternoon， ladies and gentlemen ：

today， my speech is about talents，in my opionion， talents are indispensablein nowadays society. as is known to all that the fight among countries isactually the fight among talents.

first， i\'d like to define the word\"talent\" in my idea， a talent is oneperson who is good at or expertised in some or multiple areas. nowadays， as theworld developing goes on ， if one country want to rank top or do a good job inthe world， the country must have many example， china， the biggest developingcountry in the world， in the past 100 years， is always invaded by othercountries， why ，the reason is that china at that time had not so many talents.if they had anti-intrusion leader talents in the war， needleto say，they wouldhave beat those big they had talents in weapons manufacturing， nodody dares toprovoke ver， nowadays， it\'s a totally different situation， china has becomepowerfulin all over the world， why ? because there are many talents serving thecountry， the civilians become more and more and more people go touniversity，more and more people come to receive further education. so what isthat in return，talents in army protect our country from invasion， talents incommerce help make our economy keep in improving， talents

in aerospace make the world see chinese manned spacecraft flying. talentsin sports make china rank the first in the olympic games......

to sum up， talents will play a more and more impoetant role in the world，if one country intends to flourish， he must foster talents as many as they can，that\'s all。

thank you!

本DOCX文档由 www.zciku.com/中词库网 生成，海量范文文档任你选，，为你的工作锦上添花,祝你一臂之力！