# 英语个人演讲稿5分钟

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*英语个人演讲稿5分钟5篇演讲稿是在一定的场合，面对一定的听众，演讲人围绕着主题讲话的文稿。下面是小编为大家整理的英语个人演讲稿5分钟，希望能够帮助到大家!英语个人演讲稿5分钟篇1Dear classmates:Everybody is go...*

英语个人演讲稿5分钟5篇

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**英语个人演讲稿5分钟篇1**

Dear classmates:

Everybody is good! Today, the topic of my speech is \"the youth without regret\", youth is a beautiful story, youth is a moving melody, youth is a moving poem.

Is in the flower of the era we are in the midst of a burning passion. In this period of time, we are the most lively, is also the most active. We can each other together, don\'t care about the identity of the difference, because in the campus, we are just ordinary students. We share their happiness together with each other, Shared his trouble. There is no gulf between us, so we can wantonly hu-day disorderly kan, from the day south to the north, as long as it is we are interested in will become the object of our discussion, even if we hurt each other regardless of...

Youth is we accumulate, the best opportunity to enrich myself. We are in the midst of most energized era, also is the best time to learn our struggle. We can inspire each other together, work together to sprint forward, hard for own goal together. Because each other defy spirit, a thought beyond others, so we also had the forward, fighting the power, would listen to the teacher in class, make notes carefully. At recess, there is a problem don\'t understand, ask for the teacher to ask or partners. Sometimes we test sent to comfort each other, and also to find their own problem, and encourage myself next time don\'t careless, make the same problem...

Youth is a period of unforgettable time, bring us too many memories. The back of the memory of our laughter, also have us in the face of setbacks in the raising of the foot, also have our hard artificial perspiration. From military training, we meet each other, then there\'s still a little we are not familiar with, some strange, but after the military training, has become a big family, we love each other, unite as one. For more than a year, we become more and more familiar with, each other between the family is becoming more and more strong, have occurred during many let us unforgettable things such as games, wish we will never separate...

Youth, what a fascinating, memorable world, rainbow. We must grasp own youth, white young head, empty grievous! The classmates, the youth without regret, let us write the youth!

**英语个人演讲稿5分钟篇2**

Today a boy named \_\_ is standing here and talking about the near future of the people believe that we are living on a beautiful and vital palent.

Because we can find everything we need from everywhere on th some of us who study the earth are very surprised that th earth is going to die much sooner than means th earth will be like the Mars in a few then most animals will be exterminated ,and the organism called human may not be seen on the earth any that a lie or a joke?

No,it\'s serious and true .A river can be polluted by only a little trash and so little trash can be made by hundreds of families a year. But no country even America can clean the rivers as soon as we pollute \'m afriad we do something wrong over and over again. So we have less and less time to redress the balance of , it\'s not too late now. People have many things to do to stop the disaster. For example having a low-carbon lifestyle is one of the best ideas.

More and more young people like to live a low-carbon life. So you see ,life with low-carbon can be fact when we protect the earth , we are protecting for listening to me.

**英语个人演讲稿5分钟篇3**

Self-confidence

Confidence is power--the power to attract, persuade, influence, and succeed. Imagine what your life would be like if you had an abundance of selfconfidence !

Confidence isn\'t an inherited trait, it\' s a learned one. This means that you can have an abundance of self-confidence. Start here, right now.

Confidence starts in the mind.What you think of yourself very much influences the way you feel about yourself. This, in turn, affects the way you speak and act.

No one can make you feel inferior without your consent.The very first thing you have to do to create abundant

self-confidence is to start thinking ourselves with confidence. Pay attention to your internal dialogue, and learn to notice when you allow negativity or doubt to control the course of your thinking.

Your environment has a tremendous influence on you. The books you read, the people you spend time with, and the music you listen to all influence the way you think and feel about yourself and the world around you.

In a nutshell, your environment can either build up your self-confidence or drag it down.

If you\'re in a situation where you\'re discouraged, such as an unhealthy relationship or a miserable job, you have to change that situation if you want your self-confidence level to grow.

Create an environment that supports you if your desire to have abundant self-confidence. Spend time with confident people.

Remember those, self-confidence can be yours. Take it!

**英语个人演讲稿5分钟篇4**

What are the opportunities? Some people say that opportunity is like a beauty! When you met or you do not grasp the courage to get to know her, she will be fleeting, or by others as she would sure have. And when you realize that, she has not! Only \"hate free\" the.

Some people always complain about life and work, there is no Bole Chollima find themselves in this piece to their own development opportunities and space. So obscure, mediocre and incompetent. But I also think that the opportunity is grasped in its own hands, we must strive to create their own. Only your hard work is paid, and are prepared to do, and will be given the opportunity.

College of Technology a few days before the primary science teaching and research staff to inform me to Shenyang to participate in the \"Central Research Institute for Education and Research Center for Science Education in primary schools sponsored by the Second National (Northeast) Primary science class selection of quality seminars.\" For me this is not the formal for the science teacher is really a great, unique learning opportunities. This is from last semester to participate in talking about the essay contest, I am usually very concerned about education as a result of teaching activities, the regular education to the county Web site to see, there are no suitable to participate in the activities of their own, once I saw the call for the provincial colleges of education in primary science papers and instructional design. I found all levels of teaching materials and reference materials, and online instructional design carefully reading the wording of science, because since the work I have been engaged in the mathematical disciplines, mathematics is the primary and for a science or a layman, but since we must do a good job to do. I will be a good topica class, began to try to figure out how to write lesson plans in order to have innovation, do not fall into the familiar sets, as well as learning the value of certain. sought after I finished teaching at a renowned teacher, he believes that line, I only sent to College of Technology lesson plans. but it was not until this semester , College of Technology only notified to the participating provinces, but also published in book publishing.

Although the school has three full-time science teacher, but because of age, some cling to the idea of fields, so the school activities in the scientific disciplines are always blank.刘校长I am seeking to see progress, work must be enforced vigorously. Let me declare Members of the College of Technology teaching and research in teacher training teacher backbone \"activities. also my personal teaching ability is also excellent, I am very glad that the selection in the College of Technology, I selected those who have become. (This also indicates that I would like to in the scientific disciplines continue to enrich their own teaching ability, after a lot of teaching and learning activities to take part, and it is difficult to pay work)

And刘校长talk about this matter, I said she would like to thank for giving me the opportunity to declare the training of teachers, have the opportunity to learn to go out. And she said that if work is not your personal efforts, I simply did not expect to declare your. Opportunity for everyone is equal is the chance to create your own, set up a bridge for better progress. As long as you are not afraid of suffering, the future you will be in the scientific disciplines of the results.

It can be said that some teachers taught in science classes for many years did not become the subject of teacher training, but also there has been little success. I can not say that God favored me in particular, care, giving me the opportunity, but I am down-to-earth, step by step and be prepared to usher in the work of a good teaching opportunity, I will seize this rare opportunity to make our improvements!

**英语个人演讲稿5分钟篇5**

tion because globalization promotes interdependence among nationswhereby conflicts and wars are more likely to be prevented.

Yes, there are defects in globalization, such as environmentaldeterioration, polarization between the rich and the poor, and exploitation ofworkers, to name just a few. But what we need to do is not putting an end to itbut putting it right. As the second largest economy of the world, China shouldhold a lead. We should promote global governance fight against contamination. Weshould strike a balance between efficiency and equity so that differentcountries, different social classes and different groups of people can all enjoythe benefits of globalization.

Globalization has just stepped into its twenties, pretty much like us youngadults. Every twenty something is so energetic, striding to achieve more andsurely deserving a second chance to pull back from the deviation. As weconsumers are enjoying benefits and convenience brought by ZARA and otherinternational brands, we see clearer that the question now is not whether toaccept or reject globalization but how to make it fairer, cleaner and a win-winfor all.

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