# 四级作文范文推荐53篇

来源：网络 作者：紫云飞舞 更新时间：2024-12-16

*四级作文范文 第一篇omen are playing an increasingly important part in society today. in today, many women have a work. they worke...*

**四级作文范文 第一篇**

omen are playing an increasingly important part in society today. in today, many women have a work. they worked as well as men playing an important part in factories. there are many women in government also. they lead other people country, and make out plans. there are many scientist slso. they event new things to improve our life.

ith the changes in their social role, women’s position in the family has been improved as well. in ancient, women’s position in family is pity. they had to looks after their children, did every how husband ordered her to do. but now it is changed. they are equal to her husband. they have the right of speaking of idea, discussion thing with her husband, do what she wants to do.

in spite of these changes, the liberation of women has not been completely realized. we also should realize, women’ likerty are limited. for example, many factories want men become its workers but the chance of women is less than men. everyone should do their best to change this condition. i’m sure, the liberation of women would be increased.

**四级作文范文 第二篇**

Due Attention Should Be Given To Spelling

Correct spelling is a basic skill in English study. However, nowadays many students do not pay much attention to it.

They have their own reasons for misspelling. First of all, they like an easy way of studying, which causes some omissions and changes in spelling. Second, the teachers might not be very strict in students spelling. In China, teachers seem to be more concerned with grammar and vocabulary but not spelling.

To change this situation, in my opinion, the teachers and the students should work together. On one hand, the teachers should give more attention to students spelling, asking the students to be conscious of the importance of correct spelling from the very beginning of their English study. On the other hand, the students themselves are supposed to be aware that correct spelling is a must in English study.

To sum up, correct spelling is so important that both students and the teachers should spare no efforts to achieve correct spelling.

**四级作文范文 第三篇**

In the era of information and technology, the Internet has played an improtant role in our society. With the Internet, its easy to get the information we need, improving the efficiency of our study and work. We cant deny that it is impossible for lots of people to achieve great success in the modern society without the Internet.

However, some people think that the Internet has a bad effect on the growth of the teenagers. The teenagers are too young to resist some temptations from the Internet. Some of them indulge themselves in the Internet and at last are lured away from the study.

In my opinion, we should pay more attention to the advantages of the Internet and make the most of it. Meanwhile, we should teach the teenagers how to use the Internet positively, and make the Internet a tool for their healthy development.

**四级作文范文 第四篇**

we can know from the picture that most of students like reading popular novel instead of reading science, poetry. from this we can know different people have different addiction to(preferences for) books.

different people have different addiction to(preferences for) books. they read different books just to meet their different needs. because different people have different meets to read the different kinds of books. from this we can also see that different people have different intentions and notions. so they choose the different things to meet their needs in every facet in life.

i like reading poetry because i think poetry can make me calm, pleased, comfort(comforted), (and) i can see many beautiful thing(things) in the poetry.

**四级作文范文 第五篇**

To swim the English Channel takes at least nine hours. Its hard work and it makes you short of breath.

To fly over the channel takes only twenty minutes as long as youre not held up at the airport, but its an expensive way to travel.

You can travel by hovercraft if you dont mind the noise and that takes forty minutes.

Otherwise, you can go by boat, if you remember sea-sickness pills.

All these means of transport have their problems, and the weary traveler often dreams of being able to drive to France in his own car.

Not possible, you say. Well, wait a minute people are once again considering the idea of a Channel tunnel or bridge.

This time , the great London Council is looking into the possibility of building a channel link straight to London. A bridge would cost far more a tunnel, but you would be able to go by rail or by car on a bridge, whereas a tunnel would provide a rail link only.

Why is this idea being discussed again? Is Britain realizing the need for links with Europe as a result of joining EEC? Well, perhaps. The main reason , though, is that a tunnel or bridge would reach the twenty square kilometers of Londons discussed stimulate trade and revitalise the port, and would ,make London a main trading center in Europe. With a link over the channel, you could buy your fish and chips in England and be able to eat them in France while they are still warm!

**四级作文范文 第六篇**

四级考试作文

Questions 36 to 40 are based on the following passage:

A rapid means of long-distance transportation became a necessity for the United States as settlement spread ever farther westward. The early trains were impractical curiosities, and for a long time the railroad companies met with troublesome mechanical problems. The most serious ones were the construction of rails able to bear the load, and the development of a safe, effective stopping system. Once these were solved, the railroad was established as the best means of land transportation. By 1860 there were thousands of miles of railroads crossing the eastern mountain ranges and reaching westward to the Mississippi. There were also regional southern and western lines.

注：1.首句提出问题，后跟着解决方案。

四级文章套路：有现象必有解释，有结论必有解释，有问题必有解决方案

serious 对应36题中的 major problem，最高级出现是考点

The high point in railroad building came with the construction of the first transcontinental system. In 1862 Congress authorized two western railroad companies to build lines from Nebraska westward and from California eastward to a meeting point, so as to complete a transcontinental crossing linking the Atlantic seaboard with the Pacific. The Government helped the railroads generously with money and land. Actual work on this project began four years later. The Central Pacific Company, starting from California, used Chinese labor, while the Union Pacific employed crews of Irish laborers. The two groups worked at remarkable speed, each trying to cover a greater distance than the other. In 1869 they met at a place called Promontory in what is now the state of Utah. Many visitors came there for the great occasion. There were joyous celebrations all over the country, with parades and the ringing of church bells to honor the great achievement.

**四级作文范文 第七篇**

Advantage that attends the association is, in participate activity, can study to a lot of methods that be the person, the techniques that deal with affairs, observe and learn each other, develop own potential;Can become friends with many new friends, increase many new relations;Can extend the communication, share the joy of achievement with the is an able person more, the association that attend is more many, but also want to choose to choose sex of choose and study sex, have the new information and have the future, can have of association attend.

Apply to join the society to a society how I should do, the society is doing. I have the right to benefit club activities can enrich our universities after-school life can increase my knowledge society

We join associations can be a society with the community to maintain a bridge we need to society, its functions, as well as his role in the growth of our hobbies of knowledge and learn a lot of books there is no knowledge

Societies in which I learned things, the growth of knowledge, so society is conducive to our development of college students, So I joined the association to promote .

**四级作文范文 第八篇**

net economy

people are talking about the “new economy” it\'s very they see people face-to-face at their

job or in stores. people get information from newspapers, radios, televisions, reference books and the library.

in the new economy, people do business through the “net”, which is a connection of millions of computers everywhere in the world. in the new economy, workers often work at home. they can get information on-line. they can communicate with employers and co-workers by e-mail. customers

shop on-line. businesses have “virtual stores”. they are websites on which customers can see the products. businesses can sell to customers anywhere in the world.

in the new economy, people live a fast paced, convenient and colorful life. the whole world develops more rapidly than before. but the new economy is a double-edged disadvantage is also obvious. for example, the internet has led to a huge increase in credit-card cheating. some illegal websites offer some cheap or banned goods or shoppers who enter their credit-card information may never receive the goods they want to buy and their card informarion could even be for sale on an illegal website. so peopie in the new economy should be more smart and knowledgeable.

网络经济

人们在谈论着“新经济”。这与“旧经济”极为不同。

旧经济中，人们出门工作，在商店购物，用邮局、传真和电话传送信息;工作时或购物时与人面对面接触;从报纸、收音机、电视、参考书和图书馆获得信息。

**四级作文范文 第九篇**

omen are playing an increasingly important part in society today. many women today are playing an important part at works that was thought only could be done by the men before. for an example. some women are not secrtary in the office, instead, they become manager of a company.

ith the changes in their social role, women’s position in the family has been improved as well. in the world today, more and more women have their own job. they get their own salary, and become more independent from their husband. with the economic situation improved, their family position is improving.

n spite of these changes, the liberation of women has not been completely realized. many husbands only want his wife to stay at home, and do house works or do some shopping. they only want their wife to be a housewife, but not a manager of a company.

**四级作文范文 第十篇**

omen are playing an increasingly important part in society today. long age, women only did something in the kitchen or at home. now many of them have serious jobs to serve for people. what men can do so can women.

with the changes in their social role, women’s position in the family has been improved as well. today in the family, the wife often lots her husband to do something at home bat ago, only women did something. men are foned of doing something at home.

豹眎n spite of these changes, the liberation of women has not been completely realized. sometimes, the matter, the husband hitting has welf, often happened. in the factory the wonmen to as much as the men, but they are paid less than the men. some people have not completely realized the liberation of women.

**四级作文范文 第十一篇**

Some Students Think Studying in a University is Worth-while Only Because They Can Get aDegree. Do You Agree or Disagree with This Statement?

The surprising fact that I discovered during my first year at the university was that quite a bignumber of students were solely motivated by the academic degree they would obtain upongraduation. Certainly, I would not go anywhere near so far as to doubt the social and economicvalue that a degree would bring to students in future. However, I deem it too nar row forstudents to maintain this kind of attitude towards their studies.

In my mind, university life contain s many enjoyable things, such as new ideas, good booksand brilliant people. And the pursuit of new ideas, the reading of good books and the camp usf riends hip r equire a student\'s complete devotion but will shine in his whole life.

Probably this tendency is rooted in the vocation-oriented and the career-oriented motivation. If a student discovers his vocation, he finds a life-time pleas ure in pursuing his profession. Bycontrast, a career-oriented student tends to take the academic certificate as an only means topreferment.

In conclusion, the university provides students with many golden opportunities, getting adegree being one of them. The challenge of new ideas, the leisure to read and the chance tomeet people are equally important. Anyway, a broad mind adds so much to the value of adegree.

**四级作文范文 第十二篇**

Directions: For this part, you are allowed 30 minutes to write an essay. You should start your essay with a brief description of the picture and comment on parents’ role in their children’s growth. You should write at least 120 but no more than 180 words。

提示：这篇文章的主题可以写成“技术是否能代替学校”。 思路：第一段描图;第二段正反议论型(现象解释型);第三段个人观点。

Technology has dramatically changed our world, stretching its legs to all walks of life. As is humorously depicted in the drawing, a boy holding a cellphone in his hand is asking his mother with great surprise. Since his phone can solve all the problems for him, he argues, is it still necessary to go to school?

Funny as it seems, this picture poses us a controversial question: “can technology replace traditional school learning?” For centuries, our Chinese have adhered to the public wisdom: school where education is provided is indispensable in our development. Nevertheless, there is a growing recognition that technology plays an extremely important role in our study, which we can hardly ignored. Nowadays, when children have questions, “baidu” instead of “teacher” will be the first to come to their minds。

To my knowledge, school learning should go hand in hand with technology. While cellphones do help in solving school problems, they cannot have answers to all the questions, such as “how to become a real man”， “how to make real friends”. Schools can shape our personality and allow us to adapt to the real world。

**四级作文范文 第十三篇**

my name is liming. i am studying at college. a week ago i saw a traffic accident , which is still vivid in my mind.

it was at about 9:00 on saturday morning, june 15th, when i went out of the university to visit a friend of mine at another university. i was walking leisurely on the sidewalk when i heard a loud crash of two vehicles just at the t-junction about 10 meters away. two taxis crashed together. it was a traffic accident.

i went up and found that the two taxis were badly damaged. both hoofs were out of shape. one door of a car was knocked off and lying on the road. one driver was blooding and another was shut in the taxi. some people were trying to help the driver get out of the damaged car. one man was calling to the traffic policeman station. a lot of cars were jammed on the road.

from the stopping track on the road, it is clear that the two taxis were driving too fast. but it is just one of the reasons. in my opinion, the taxi drivers are eager to take more passengers and make a little more money. on the other hand, both drivers dont show concern for one another. both of them wanted to run in front of another. therefore, the accident is inevitable. so far, we should let the drivers keep it in their mind that a little slower, a little safer. taking care of others lives means taking care of your own life.

**四级作文范文 第十四篇**

Some people enjoy living together with their parents after they have grown up. They hold the opinion because, living with parents , they can take better care of their parents and vice versa. Meanwhile, they can turn to their parents for help if they get into trouble or have some difficulties. To them, life in a big family seems to be more enjoyable than that in a small family.

Others, however, prefer to live separately. They cherish the idea to be independent of their parents, seek more freedom and wish to have a place of their own, in which they can do what they like. Besides, they dont want to be overprotected by their parents but long for chance to face the society by themselves.

As to me, I like an independent life style in spite of the fact I love my parents. Different generations have different life styles and values. What one generation likes may not be another generations fondness. Living separately, each generation can enjoy different value. In addition, by leading an independent life, I can train my character and develop my own ability to deal with things encountered in my life.

**四级作文范文 第十五篇**

1、A Magical Potion

Morning Dew

The world awakens each day from its nightly slumber, transformed by a sparkling layer of morning dew on the grass, on flower petals and leaves, on cars and car windows. These glistening droplets last only a little while, an integral part of what imbues the early morning with its aura of magic. If we sleep too late, we miss the magnificent display of sunlight playing upon an infinite amount of tiny crystal balls. To step onto the dew-covered grass is to anoint our feet with a form of water that comes only once a day for a short time, a rarefied gift of the night air that will soon evaporate in the full light of the sun. If we inhale slowly and consciously enough, it is almost as if we are drinking in this magical elixir formed in the boundary between darkness and light.

In one myth, morning dew is believed to be tears from heaven, and in another, the droplets are poured from the vessel of the goddess of dawn. When we see the earth draped with these shimmering drops, it is easy to imagine fairies bathing in the water, or a sky god weeping from a longing to be closer to his beloved earth goddess. Seeing the sparkling beauty of the earth emerging from darkness, we may understand this longing in terms of our own gratitude; how blessed we are to be here.

Perhaps heaven really does long to be here on earth, and perhaps that is why we are heres conduits between the pine and the earthbound. As we drink the morning dew in with our eyes, our skin, our breath, it is easy to imagine that it really is a magical potion, a gift from heaven, a reminder of our true purpose, and a daily opportunity to be transformed.

2、Exploring An Alternate Universe

What Makes People Tick?

All people have their own way of being in the world. It is easiest to comprehend this basic yet profound fact when we consider that every human being on the planet occupies a distinct role in the universe. We grow up in different environments, affected by a unique range of influences. The preferences, values, and beliefs we embrace are frequently related intimately to our origins. And the need to inpidualize our experiences is instinctive, as doing so enables us to cope when we must face challenges on our own. Consequently, each of us has developed a perspective that is uniquely ours. Interacting peacefully and constructively with people from all walks of life is a matter of first understanding where they are coming from. Then we can adjust our expectations so that we avoid making undue assumptions about what they are about.

In the face of emerging interpersonal conflict, it is easy to assume that others are being difficult, unreasonable, or stubborn. We are apt to grow frustrated when someone in our environment does not share our opinions or feel compelled to support us in our endeavors. It is likely that the inpidual or inpiduals before us may simply possess differing notions with regard to what is and what is not important in this life. We can ease the tension that exists between us by reaffirming our belief in the fundamental right of all beings to determine their own destinies. To foster a harmonious relationship, we need to do our best to relate to the unique universes they inhabit. And as we discover what makes them tick, our ability to find a mode of interaction that is pleasing to both of us is enhanced.

When there are barriers keeping you from connecting with someone else, think of questions you can ask them to gain a more thorough understanding of their point of view. You may discover that in addition to the differences in perspective piding you, they are subject to insecurities and other personal issues that influence their way of seeing the world. It is likely that you will never fully grasp the myriad complexities embodied by humanity, but you can go a long way toward encouraging mutually satisfying relations by reaching out to others in the spirit of sympathetic comprehension.

3、Letting Life Unfold

Our lives are guided by natural rhythms that are particular to each of us and cannot be altered by force of will alone. Life itself is a journey made up of processes and events that manifest before us only to be swept away when time marches on. Whether we envision ourselves creating a career, building a family, or developing the self, we instinctively know when the time has come for us to realize our dreams because all that is involved comes together harmoniously. When the time is right, the passage of destiny cannot be blocked. Yet as desperate as we are to touch these beautiful futures we have imagined, we cannot grow if we are not fully present in the evolutionary experience. The present can be challenging, uncomfortable, and tedious, but life unfolds as it will, and the universe will wait patiently as we make our way into the unknown.

The fate that awaits us is not dependent on our pace, which was preordained before we ever appeared in human guise. Therefore there is no reason to rush through life to reach those pinnacles of development associated with the paths we have chosen. Enjoying and fully experiencing the journey of life is as important as achieving goals and reaching milestones. There are lessons we can learn during those moments that seem immaterial or insignificant that we cannot learn at any other time. Appreciating these takes patience, however, because human beings tend to focus on the fulfillment of expectations rather than the simple joys of being.

Like many people, you have no doubt longed for a device that would give you the power to fast forward through certain periods of your existence. Yet haste is by its very nature vastly more stressful than serene fortitude. When you feel yourself growing impatient because the pace of your development is deceptively slow, remember that everything that will occur in your life will occur in its own time. Quelling your urge to rush will enable you to witness yourself learning, changing, and becoming stronger. There is so much to see and do in between the events and processes that we deem definitive. If you are patient enough to take pleasure in your existence\'s unfolding, the journey from one pinnacle to the next will seem to take no time at all.

Space In The Body

Our minds and bodies are interconnected, and the condition of one affects the condition of the other. This is why meditation is such a powerful tool for healing the body, as powerful as physical therapies. When our minds are cluttered with thoughts, information, and plans, our bodies respond by trying to take action. When the body has a clear directive from the mind, it knows what to do, but a cluttered, unfocused mind creates a confused, tense body. Our muscles tighten up, our breath shortens, and we find ourselves feeling constricted without necessarily knowing why.

When we sit down to meditate, we let our bodies know that it is okay to be still and rest. This is a clear directive from the mind, and the body knows exactly how to respond. Thus, at the very beginning, we have created a sense of clarity for the body and the mind. As we move deeper into meditation, the state of our mind reveals itself, and we have the opportunity to consciously decide to settle it. A meditation teacher pointed out that if you put a cow in a small pen, she acts up and pushes against the boundaries, whereas if you provide her with a large, open space, she will peacefully graze in one spot. In the same way, our thoughts settle down peacefully if we provide them with enough space, and our bodies follow suit.

When we settle down to examine and experience our consciousness, we discover that there are no hard, definable edges. It is a vast, open space in which our thoughts can come and go without making waves, as long as we let them by neither attaching to them nor repressing them. As we see our thoughts come and go, we begin to breathe deeper and more easily, finding that our body is more open to the breath as it relaxes along with the mind. In this way, the space we recognize through meditation creates space in our bodies, allowing for a feeling of lightness and rightness with the world.

Of The Owl

For as long as humankind has recognized animals as teachers, wise men and women have recognized traits worthy of respect in both wild and domestic creatures. The cultural and spiritual significance of certain animals transcends geographical boundaries, unifying disparate peoples. Not so the majestic and mysterious owl, which has over many millennia served as the focal point of numerous contradictory beliefs. Though owls have been regarded with awe and fascination, they have also inadvertently served as agents of fear. Since owls are nocturnal, human-owl encounters tended to occur at night and likely when the bird was swooping silently down to earth to grapple with prey. Yet even as some shied away from the owl, calling it an agent of darkness, others recognized the depths of awareness in beautiful owleyes.

In the classical Greek tradition, an owl could often be found perched on the shoulder of Athena, goddess of wisdom, while owls could ward off bad luck in Roman lore. It is in Native American \_, however, that the owl attains its own unique identity. Owls are patient messengers, bringers of information and the holders of wisdom, and they are capable of seeing the unseen. With their keen eyesight, they can glance into the soul to discern meaning and motive, and they are totems of truth. Unlike our distant forebears, we may never encounter an owl in the wild, but we can nonetheless internalize the wisdom of the owl by attuning ourselves to its most venerable qualities. Fully integrating the medicine of the owl into spiritual existence is a matter of considering how we might open ourselves more fully to the wisdom that can be found in the larger universe.

Should you find your efforts blocked as you commune with the owl, remember that it was not always revered as an icon of wisdom. This denizen of the nighttime has overcome many prejudices in its long association with humankind. To reveal those hidden elements of the self that impact your life for better or for worse, you must often make your way through the darkest parts of your soul as if you yourself are the nocturnal hunter. There is indeed darkness both inside the self and outside the self, but like the owl you can transcend it by drawing nourishment from the insights you receive when you penetrate it.

Healing To Yourself

Most people, when given an opportunity to aid someone in need, are eager to do whatever they can to be of service. Those of us who have chosen to make healing the world a vocation are grateful for any occasion to send light and love to people in our immediate spheres of influence and beyond. As we apply our passion and our principles to this altruistic endeavor, we often forget to send ourselves the same bountiful gifts of wellness, though we ourselves may be in dire need of it. We overlook ourselves, not because we forget, but because we fear that focusing on the self is an indicator of selfishness.

It is moreover much more difficult to heal oneself than to heal others because the seeds of uncertainty are more easily banished when we act on another\'s behalf. When we send healing light to ourselves, it is important that our intentions and our self-trust be stronger than ever to counteract doubt. As we bless ourselves in this way, we serve as both an active channel and a passive destination. This should not change the way we interact with the valuable energy we wish to receive, however.

Though we may be tempted to consciously direct or influence the manner in which light impacts our lives because we know ourselves most intimately, we should not try to control its path. When we draw the white light of protection and purity to our bodies, taking it into ourselves with each inhalation, our belief in the fact that it will naturally move toward areas of dysfunction will ensure that it flows through every muscle and organ. And when we fill our spaces with this light, our environments are cleared of all the negative energy that can sap our strength and our spirit. Surrounded inside and out with healing light, we feel safe and protected, healthy, relaxed, and content just as those who regularly receive such loving gifts from us do. If you sincerely believe that there is a part of yourself that exists independently of upset and illness, the love and light you send yourself will help you connect with it.

You will see the affirmative impact of this connection almost immediately when you include yourself in the recipients of your healing gifts, as life\'s frustrations become more tolerable and your bliss becomes ever more palpable.

And Effect

All motive and action affects the cosmos in some way. The principle of cause and effect is the truth that allows us to change ourselves and the world around us for the better. However, this same universal law is also at work when change is not at the forefront of our minds. Our intentions flow forever outward in the form of energy, affecting both the people closest to us and billions of inpiduals we will likely never meet. For this reason, we should strive always to speak, think, and behave with great thoughtfulness and compassion. The virtues we choose to embody can inspire joy and integrity in the lives of countless people, whether we touch their existence directly or not.

The influence we wield is infinite. In an effort to internalize our conscious understanding of the nature of cause and effect, we can never truly know how our thoughts, emotions, words, or actions will manifest themselves on the larger universal stage because it is likely that the furthest-reaching effects will fall outside the range of our perception. We can only look to the guidance of our conscience, which will help us determine whether each of our choices is contributing to humanity\'s illumination or setting the stage for unintended troubles. When we are in doubt, we need only remember that the cultivation of altruism inevitably leads to a harvest of goodwill and grace. Motivated by a sincere desire to spread goodness, we will be naturally drawn to those choices that will help us express our commitment to universal well-being.

Nothing you do, however minor or mundane, is ever exempt from the rules of cause and effect. From the moment of your birth, you have served as an agent of change, setting forces beyond your comprehension into motion across the surface of the earth and beyond. You can exert conscious control over this transformative energy simply by examining your intentions and endeavoring always to promote peace, positive energy, and passion in your ideas and actions. While you may never fully comprehend the extent of your purposefully heartfelt influence, you can rest assured that it will be universally felt.

Deep Strength

We have all faced moments in our lives when the pressure mounts beyond what we feel we can handle, and we find ourselves thinking that we do not have the strength to carry on. Sometimes we have just gotten through a major obstacle or illness only to find another one waiting for us the moment we finally catch our breath. Sometimes we endure one loss after another, wondering when we will get a break from life travails. It does not seem fair or right that life should demand more of us when we feel we have given all we can, but sometimes this is the way life works.

When we look back on our lives, we see that we have survived many trials and surmounted many obstacles, often to our own amazement. In each of those instances, we had to break through our ideas about how much we can handle and go deeper into our hid

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