# 四级范文汇总(热门16篇)

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*四级范文汇总1我的学习计划将采取学与练相结合的方式。英语四级的题型有作文，阅读理解，听力，完形填空和翻译：一、单词所有这些题型的基础当然就是单词了，因此首先应从单词着手。四级词汇一共是4750个，由于之前已经大致看过一遍，发现并不是很好记忆...*

**四级范文汇总1**

我的学习计划将采取学与练相结合的方式。英语四级的题型有作文，阅读理解，听力，完形填空和翻译：

一、单词

所有这些题型的基础当然就是单词了，因此首先应从单词着手。四级词汇一共是4750个，由于之前已经大致看过一遍，发现并不是很好记忆。

后来我就选择用专研真题的方法来学习词汇，巨微英语的阅读真题中对每一个句子中的陌生单词都有详细的解析，什么词性、词义、近反义词、相关词组呀什么的都有，不查字典就能看懂文章。而我发现既然如此，那就把单词放在阅读真题里面来记忆吧！反正纯单词我是背不过的，就这样不久之后，我发现我能读通英语句子了。

二、语法

英语最让我头疼的是语法，大学里不再教授语法知识，而语法对于英语学习很重要。所以需要把高中学过的语法知识重新回过头再过一遍，名词性从句，定语从句，状语从句三大从句。

冠词，名词（短语），动词（短语）等熟练掌握，能够运用语法知识正确分析句子结构，造句，翻译之类。这要求也太高了吧？我发现不能纯粹那么去搞，简直太浪费时间了。后来我觉得真题具有权威性，所以我就专研巨微英语四级真题逐句精解里面的语法讲解。它对于长难句用的是句子图解，结构清晰明了地展现了出来；对于简单句用的是句子讲解，讲解的也挺细致。一段时间之后，我发现基本的句子我也能看懂了，慢慢的也会分析语法了。

三、听力

听力是我的薄弱环节，这点主要通过多听来强化。之所以把听力放在第三步就是在掌握了一定的基础之后，读懂听力就不是问题了，这种情况下听懂听力翻译原文就不是问题了。

计划每两天一份四级真题听力限时练习，在听的时候尽量不要嫌麻烦将其翻译成汉语。我把巨微英语一书的真题MP3格式、以及赠送的三套听力模拟MP3下载到手机上，以方便自己随时进行听力练习。

除此以外，还要多听一些学校发放的听力材料。当然平时在娱乐的同时可以通过看美剧，英语新闻来加强听力。在听的同时能够加强写的能力。相信如此下去，听力将不会阻碍你的四级通关之路。

五、阅读理解，完形填空

之前已经掌握了一定的词汇量和语法了，接下来主要通过做真题练习来得到提高。建议你每两天一份真题。可能此时你会存在这样的问题，句子文章可以读懂，题目却做不对。建议用巨微英语四级真题逐句精解赠送的解题技巧小册子学习一下技巧。也可以对照一下真题解析的答案，它后面有干扰项分析和那道题的大纲考点，可以帮助你更好地把握真题。如此一来，阅读就搞定了。

六、作文和翻译

写作：一方面通过词汇短语的积累，另一方面要掌握格式。加强背诵，比如背诵逐句精讲答案部分的参考模板，之前我还试着每周抄一篇四级真题作文。我觉得这当然还不够，抄仅仅是表层的，没有实质进步。需要加强练习。

**四级范文汇总2**

图画类作文只是一个形式，只需改个开头即可，具体内容和性质要参考利弊型作文议论型作文和一句话作文，开头如下：

Exactly according to the painter Picasso’s words that romantic charm takes precedence when appreciating painting, the above ingenious picture delineates: (\_\_\_\_\_ ). There is a message expressed in the text of the picture: (\_\_\_\_\_ ) .Whoever catches sight of the penetrating picture will ponder a long while over it.

翻译：恰如画家^v^所言：“欣赏画作首先要品味出它的神韵”，上图描绘了：（ \_\_\_\_\_）。图中文字也在诠释：（\_\_\_\_\_ ）。无论谁看到这入木三分的画面恐怕都会思忖良久吧。

**四级范文汇总3**

When it comes to the topic of being on time, we are frequently told that, “Punctuality is a habit. It is a virtue.” It implies the great significance of being punctual in your daily life. What I learn from this remark is that being on time is beneficial for others as well as ourselves.

Firstly, forming the habit of being punctual would leave others an impression of good upbringing and would be more likely for you to obtain trust from your friends and partners because people are generally inclined to have confidence in punctual person. Meanwhile, punctuality shows your respect to others and those believing in you don’t need to be bothered with changing their schedule or plan, hence your interpersonal relationship would be improved to a large extent. Plus, punctuality would promote us to be more disciplined in our daily life and work so that we are capable of keeping our life in order even when we are confronted with multiple tasks.

Actually, punctuality is essential for both inpiduals and the organizations as it can directly promote the rapid progress of inpiduals and organizations and indirectly spur continuous development of the inpiduals, and eventually brings economic prosperity and social harmony.

**四级范文汇总4**

Some people hold the view that the lack of（主题）consciousness has, at least in part, been the immediate cause of this phenomenon.（主题）consciousness can help us to understand and form reflective values for on these values and ideals，we can determine our authentic life path as well as learn the appropriateness of addressing certain social issues on a societal the contrary， some others consider ( 抄原文给的句子，即观点).They assert that ，the outlook for （ 填主旨的名词） is highly uncertain, the outlook is not optimistic particularly in the areas of society and life.

一些人认为主题相关品质缺位至少是出现这种现象的直接原因。主题词意识能够帮助我们理解和形成自己周详的价值观。基于这些价值观，我们能够决定自己的真实生活路径，使我们明白如何站在社会层面处理某些社会/生活/道德/个人问题。但是，另外一些人他们认为的前景非常不确定，情况是不容乐观的，特别是在社会领域和生活。

**四级范文汇总5**

From my point of view,I firmly believe that the advantages apparently outweigh the disadvantages .Just as the Chinese proverb goes:anything is a double-edged sword .Thus, we should inspire the advantages and abandon its disadvantages and that our students 、parents、government、media and even the society as a whole should have the wisdom and common sense to distinguish between right and wrong.

最后，我坚持认为，利远远大于弊，正如中国俗语所说的事物都是一分为二的。因此，我们必须趋利避害，我们的学生、家长、政府部门、媒体甚至全社会应该具有辨别是非的智慧和常识。

**四级范文汇总6**

I am writing this notice to look for language partners to practice English. There is no denying that spoken English plays a key role in such a globalized society where students are required to be communicate in English fluently and confidently. Hence, we’re looking forward to make progress with partners who are expected to have the following qualifications:

Firstly, a relatively high proficiency in English, especially in speaking is a necessity. Besides, a master of a second foreign language would be an advantage because there are students from different counties.

Plus, five hours’ free time should be guaranteed per week to be engaged in practicing English speaking and in communicating with foreigners as well.

If anyone is interested, please feel free to contact me either via e-mail address (XXX@) or phone number 12345678. I am really looking forward to your partnership.

**四级范文汇总7**

As is depicted in the picture, the emerging auto-pilot technology has gradually achieved its replacement of manned driving. This cartoon reveals that in an age where new technologies emerge in an endless stream, human labor are likely to be displaced in the future by what we call artificial intelligence.

According to a survey, the public have adopted different attitudes towards the application of autonomous cars. Those who are in favor of it argues that auto-piloting will bring much efficiency for them such as saving their time, so that they can deal with their work in the car without paying attention to the road conditions. While the opposing voices contend that the use of autonomous vehicles would deprive many bread-winners of their jobs such as taxi drivers or those chauffeurs.

It’s actually difficult to determine whether the use of auto-pilot technology is good or not because there are definitely pros and cons concerning its application. However, personally speaking, I think its advantages outweigh its disadvantages as long as we can try to optimize its property to make it safer and more convenient for us in the future.

**四级范文汇总8**

>新生训练建议信

Suppose your school is organizing an orientation program（新生训练;新生练习）to help the freshmen adapt to the new environment and academic studies. You are now to write a proposal, which may include its aim, duration, participants and activities.

>参考范文：

Proposal for an Orientation Program

Dear Sir or Madam,

I’m 名字. I’m writing to make a proposal to conduct an orientation program for freshmen. The major purpose of the orientation program is to enable freshmen to adapt to the campus environment and academic life as soon as possible. The duration of the project is expected to be one week. Participants include all freshmen, teachers and academic staff.

The orientation is pided into three parts: a school lecture, a student activity and a campus tour. In the school lecture, we will introduce the school background, professional training objectives and how to select courses, so as to help students quickly embark on their learning journey. At the student activity, there will be some interesting games to help freshmen get to know each other quickly and make contacts. The last part is a campus tour, where students will visit the school\'s teaching building, library, restaurant, and so on, so as to help them to quickly adjust to campus life.

I hope the freshmen can quickly adapt to the new environment and academic studies through this orientation. I’m looking forward to your reply. Wish you all the best.

Yours sincerely,

Name

>演讲比赛建议信

Suppose your university student union is planning to hold a speech are now to write a proposal for organizing the contest. The proposal may include the topic, aim, procedure and selection of contestants. You will have 30 minutes to write the proposal.

>参考范文：

Dear Sir or Madam:

I\'m 名字, a second-year student from Business Department. I\'m writing to make a proposal about holding a college-wide English public speaking contest with the topic of ^v^University as I see it^v^.

The aims of the contest are twofold. First, students all over the University are offered an opportunity to demonstrate their ability to communicate effectively in English. Second, the contest could serve as a forum for students from different background to share their insights and experiences. It is important to note that only a current undergraduate student is eligible for the contest. Each of the contestants would be asked to deliver a prepared speech of 5 minutes and an impromptu speech based on the topic assigned after the prepared speech. The contest would be an off-line event at the International Conference Hall on 日期. A panel from the ESL faculty shall select five finalists from all participants. The finalists would present their speeches after which three winners (and two honorable mentions) would be chosen.

I\'m looking forward to your reply. Thank you very much for everything you\'ve done. Wish you all the best.

Yours sincerely,

Name

>旧书回收

Directions: Suppose you have just participated in a school project of collecting used books on campus. You are now to write a report about the project, which may include its aim,organization,participants and activities. You will have 30 minutes to write the report. You should write at least 120 words but no more than 180 words.

>参考范文：

Last Sunday, a profound activity, school project of collecting used books, was held on campus. A host of students poured their passion into the event and almost everyone considered it as a meaningful way to access to knowledge, based on the actual situation yesterday.

Our university student union had made some arrangements for the project. From my perspective, the following two purposes can interpret this activity. To begin with, this kind of activity would cut down expenses of students, cultivating the awareness of saving. In the mean time, collecting used books can decrease the recycling and reprinting of books, and it is also benefit for the protection of environment. Anyone in the school who was curious about the project registered their names on the list and brought their books to student union’s office, Room 115, E Building last Friday.

The collected books have been displayed in the library. All students who attended the event enjoyed this marvellous period.

**四级范文汇总9**

^v^Thanksgiving^v^ is an attitude to life, is a character, is a mean that sincerely. If the people lack the heart of gratitude will inevitably lead to interpersonal indifference, so everyone should learn to ^v^Thanksgiving^v^, which for today\'s children is especially important. Because today\'s children are the center of the family, they were only aware of themselves, I do not know love others. So, let them learn to ^v^Thanksgiving^v^ actually means so that they learn to know how to respect others. Helping others always cherish grateful heart, Thanksgiving education to make children know everyone is enjoying someone else to pay for himself by bringing the joy of life. When the children expressed their appreciation for the good deeds of others, the first reaction is often in the future should do themselves, which gives the child an act on the hint, so that they know the love of others, from childhood, to help others.

^v^Thanksgiving^v^ is a person\'s innate nature, is a person\'s conscience indelible, but also successful people in modern society the health performance of character, a person is not even Thanksgiving, the person must know is to have a cold unfeeling heart. Of life on the road will have to keep touching the matter of thanksgiving. Not to mention the family, that is, daily life, work, study matter encountered in the person encountered by bit by bit given the concern and help, are worthy of our intentions to remember Well, bearing in mind that the beauty of selfless humanity, and neither return Keisuke grace. Thanksgiving not only for gratitude, because some of En is we can not return, and some favor a more than able to pay off an equivalent return, and only moved with pure hearts to go to go to forever engraved in mind that you can truly worthy of favor people.

>学历和工作 Education Background and Work

Recently, a hot news spreads in Weibo, it is said that a beautiful girl who has master degree quits her job as a website editor, she chooses to open a food shop, and she sells sleeve-fish, which makes great profit each day. When people question her decision, she says she is proud of herself and there are no high and low jobs. I appreciate her attitude, but people hold different ideas.

On the one hand, as a master degree student, she should use her talent and serve for the society. Opening the food shop, the girl loses her talent, what she has learned for many years just being useless. If the students have the chance in her position, they will choose the job that has something connect with the major. Working in the food shop doesn’t need the master degree.

一方面，作为一名研究生，她应该使用她的天赋，为社会服务。开食品店，女孩失去了她的天赋，她学这么多年的知识都没有用处了。如果学生有机会像她一样，他们会选择从事和专业相关的工作。从事食品店不需要研究生学历。

**四级范文汇总10**

Dear friend,

It’s generally acknowledged that university life will serve as an important turning point in your life span. To make the best of your college life in order to enrich yourself and improve your competitiveness in the future, you can refer to the following suggestions.

A healthy physical condition will be the fundamental driving force for both your study and future work. So it is one of the priorities to do regular exercises such as jogging and swimming or taking part in outdoor activities with your classmates and friends.

Another thing you should keep in mind is that actively involving yourself in a range of contests and competitions is beneficial for you to explore your own strength and meanwhile to spot your weakness so that you can have access to possible solutions. Each opportunity to challenge yourself can be seen as preparation for the future competition in society so you would get the hang of good performance and being confident through those contests.

And finally, you should try to make full use of your college library. In addition to those professional books related to your major, you should also attach great importance to reading books

of different themes such as literature, language, psychology and internet. You can make a reading list each semester according to your taste so as to cultivate yourself to be more knowledgeable, which is one of the indispensable quality for future competitors.

Yours sincerely, Kristy

**四级范文汇总11**

制定一个好的英语计划能够让你事半功倍，特别是对于课余时间空闲的大学生来说。因此我们平时要注意不要虚度空余时间、多利用学校的免费资源、注意考前强化、考试时一定要镇定。

一、千万不要虚度空余时间

在闲暇时间经常背背单词，不要用单词书背，而是选择边读文章边记下自己想背的单词，做成自己专属的单词本，这样背单词更容易培养语感和对英语学习的兴趣，单词也更容易记牢。养成看英语电影的习惯，但不追求情节，而是借此练习听力，对照剧本学习语句。不要因为没有人监督自己的学习就懈怠了英语，只有不断保持一定量的训练，才不会生疏。

三、考前强化

四级考试的考前强化不用太早，大概在考试前一个多月开始每周做一套真题或者模拟题，每天做几题同类型的题目训练自己的速度就可以了。一定要掐时间，并且在做题的过程中总结做题规律，做题的顺序，而且应该细致到每一小题应该用什么步骤做，才能保证自己高效率地在规定时间内做完题目并保持正确率。

考试前的强化训练也要科学的进行，比如尽量把时间安排在考试时段，使大脑的思维习惯于在那个时段用英语思考。每种题型都要进行练习，并重点练习自己不熟练的题型，不断分析自己的错误主要出现在哪里，举一反三，节省时间。

四、考试镇定

考试前休息好是非常重要的，良好的精神状态可以保证你在考试的时候正常发挥。但是，也不能太过放松，以“裸考”的心态去应付，拿高分是不太可能的。最好的状态时调整到比较兴奋但又能静下心来的阶段，这样能帮助自己快速融入考试。

**四级范文汇总12**

According to the figure in the graph, it can be seen that the number of private cars has been increasing rapidly from 3,9000 in February, 20\_ to 21,4000 in December, 20\_. Those aggravating traffic jams can serve as indication of the trend that more people are buying and driving their private cars.

In effect, a number of factors are accountable for this phenomenon. One of the most common reasons is that with the development of market-oriented economy, people earn more money than before, making it possible for them to afford a car or even several cars in one family. In addition, self-driving tour is enjoying great popularity among the public. People are eager to drive their own cars with their families and friends to travel with freedom without being subjected to the changeable timetables of public transportation. Last but not least, people nowadays have viewed cars and houses as symbols of success, so they are more likely to buy a car in order to prove themselves.

However, in view of the seriousness of the problem that more private cars on the road results in severer traffic congestion and safety hazards, effective measures must be taken by the related department to alleviate this situation.

**四级范文汇总13**

From my point of view, It is time to take some emergency measures. At the inpidual level,we should effectively enforce our ability to discipline ourselves and（主旨） through practices in every ordinary moment of our life. At the community level, our students 、parents、government、media and even the society as a whole should have the wisdom and common sense to distinguish between right and the measures step by step are performed, can make our society harmonious, vibrant, system.

我认为，是采取一些紧急的措施的时刻了。从个人层面上，我们应该有效地尽我们最大能力严格要求自己，在每天的日常生活中的实践中学会（主旨）。从社会层面上，我们的学生、家长、政府部门、媒体甚至全社会应该具有辨别是非的智慧和常识。只有上述措施有步骤的实施了，我们的社会才会是和谐的、充满活力的、有系统的。

**四级范文汇总14**

Some factors can account for this and foremost，it is closely bound up with a series of complicated factors whether or not they are （主旨）including their disposition, schedule, circle of friends, education, financial situation ’s more, from the inpidual perspective, in the wake of the quickening modernization process, some people, deficient in the consciousness of (主旨),act on their own more often. A person without (主旨) is no more than a ship without ballast.

几个因素能解释这一现象的原因。首先，就他们是否而言，是由一系列复杂因素决定的，而这与他们的性格、计划、朋友圈、所受教育程度、经济状况息息相关。此外，从个体角度来说，随着现代化进程加快，部分人更多的按自己的意志行事，缺乏( )意识。没有（ ）的人，无异于船舶没有压舱石。（这个类似的比喻句，我自己考研时用过，感觉很能加分，清新）

**四级范文汇总15**

Of all the components depicted in the drawing, the most eye-catching is that a man with an axe is trying to chop trees in an already-treeless forest. All those trees are used for building skyscrapers and making vehicles. The intention of the author can be plainly mirrored in the subtitle: humans are destroying forest for their own sake.

Digging into it, this metaphorical picture intends to shed light on the phenomenon of deforestation which has emerged as the spotlight of the public. Undoubtedly, many factors are accountable for it. One of the most essential shaping factors is that excessive focus has been placed on the economic progress while the urgency to protect environment is largely overlooked among the public. Plus, the absence of necessary punishments for committing those misdeeds should be blamed in the meanwhile.

To avoid the aggravation of environmental situation, making effective measures and relevant regulations should be among the government priorities. However, rules alone will not be sufficient, which must be accompanied by persuasion and education that help raise public awareness in protecting our forest.

**四级范文汇总16**

An old saying goes that “Rome wasn’t built in one day.”, which mirrored an evident idea that the importance of persistence can never be underestimated. It’s actually the experience of our forefathers. However, it makes sense in many cases even today.

Undoubtedly, it\'s a rather plain truth that we should place a high value on fostering a spirit of perseverance. To begin with, there is no denying that being persistent in attaining a goal is an efficient approach for people to achieve the best result in a competition or when they are counteracting difficulties in daily life. On top of that, during the course of cultivating people’s sense of persistence, they can also optimize what they are really good at and avoid lagging far behind others.

In view of all factors, recognizing the importance of being persistent is crucial for every inpidual to pursue success. It is not only an indispensable quality in such a competitive society, but serves as an efficient instrument for inpiduals to achieve a well-round development with their partners.

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